

# GENERAL EDUCATION & TRANSFER INFORMATION

Students earning the Associate in Science or the Associate in Arts degree have three general education patterns from which to choose.

**Plan A:** Completion of Grossmont College General Education Requirements.

**Plan B:** Completion of Intersegmental General Education Transfer Curriculum for California State (IGETC-CSU) or for the University of California (IGETC-UC).

**Plan C:** Completion of California State University General Education (CSU GE).

## Grossmont College Degree Requirements

Grossmont College will confer the Degree of Associate of Arts or Associate of Science upon students who successfully complete the following requirements:

### I. Minimum Units

A minimum of 60 degree applicable semester units of Associate Degree credit college work.

### II. Grade Point Average (GPA)

Achievement of a "C" (2.0) grade point average in all Associate Degree credit college work presented to meet degree requirements. Refer to the Grade Forgiveness clause in Academic Policies (<https://catalog.gcccd.edu/grossmont/admission-information/academic-policies/>).

### III. Competency Requirement

- A. Competency in reading, writing and expression shown by achieving a "C" grade or higher or "Pass" in courses listed under Area A, Section 1 – Written Communication.
- B. Competency in Mathematics shown by
  1. Completion of MATH-120 Quantitative Reasoning or a higher numbered math course with a grade of "C" or higher or a grade of "P"; or a statistics course from another discipline with a grade of "C" or higher or a grade of "P"; or placing into a math course numbered MATH-170 Analytic Trigonometry or above.

### IV. Credit Grades

A maximum of 12 Credit ("P") units (excluding courses only offered for "P/NP") taken in Associate Degree credit coursework at this institution may be counted toward the 60 units required for graduation.

### V. Residency

1. Students enrolled at Grossmont College during the semester in which they will have met all graduation requirements may obtain their degree from Grossmont College if they have satisfactorily completed **at least 12 degree applicable semester units** at Grossmont College. Credit for Prior Learning or Tech Prep shall not count toward the residence requirement for graduation.
2. If a student is **not** enrolled at Grossmont College during the last semester prior to graduation then a total of 45 units of degree applicable courses in residence in the district are required, regardless of how much time has elapsed.

## VI. General Education

General Education course choices for transfer and the associate degree may differ between Cuyamaca and Grossmont College. Each college strongly recommends that students visit the Counseling Centers for specific information if they plan to attend both campuses.

Students taking units in a general education area at one college within the district may use the units in the same area at the other college in the district.

General education requirements for Cardiovascular Technology majors are listed with the Associate Degree Program information (<https://catalog.gcccd.edu/grossmont/associate-degree-programs-certificates/health-sciences/cardiovascular-technology-as/>).

General education requirements for Nursing majors are listed with the Associate Degree Program information (<https://catalog.gcccd.edu/grossmont/associate-degree-programs-certificates/health-sciences/registered-nursing-program-as/>).

General education requirements for Occupational Therapy Assistant majors are listed with the Associate Degree Program information (<https://catalog.gcccd.edu/grossmont/associate-degree-programs-certificates/health-sciences/occupational-therapy-assistant-as/>).

General education requirements for Orthopedic Technology majors are listed with the Associate Degree Program information (<https://catalog.gcccd.edu/grossmont/associate-degree-programs-certificates/health-sciences/orthopedic-technology-as-cert-achievement/>).

General education requirements for Respiratory Therapy majors are listed with the Associate Degree Program information (<https://catalog.gcccd.edu/grossmont/associate-degree-programs-certificates/health-sciences/respiratory-therapy-as/>).

## Plan A: Grossmont College General Education Requirements (AA/AS) 2024-2025

### Competency Requirement

- A. Competency in reading, writing and expression shown by achieving a "C" grade or higher or "Pass" in courses listed under Area A, Section 1 – Written Communication.
- B. Competency in Mathematics shown by
  1. Completion of MATH-120 Quantitative Reasoning or a higher numbered math course with a grade of "C" or higher or a grade of "P"; or a statistics course from another discipline with a grade of "C" or higher or a grade of "P"; or placing into a math course numbered MATH-170 Analytic Trigonometry or above.

### Area A – Language and Rationality

Three courses (a minimum of nine units) are required in written communication, oral communication, and analytical thinking. At least **one** course must be taken from **each** of the following three sections:

Code	Title	Units
<b>1. Written Communication <sup>1</sup></b>		
ENGL-120	College Composition and Reading	3
ENGL-124	Advanced Composition: Critical Reasoning and Writing	3
ESL-122	College Rhetoric	6

**2. Oral Communication**

COMM-120	Interpersonal Communication	3
COMM-122	Public Speaking	3
COMM-130	Fundamentals of Human Communication	3

**3. Analytical Thinking**<sup>1</sup>

ANTH-215	Statistics for the Behavioral Sciences	4
BIO-215	Statistics for Life Sciences	3
ECON-215	Statistics for Business and Economics	4
GEOG-104	Introduction to Geographic Information Science	3
MATH-120	Quantitative Reasoning	3
MATH-125	Structure and Concepts of Elementary Mathematics I	3
MATH-126	Structure and Concepts of Elementary Mathematics II	3
MATH-160	Elementary Statistics	4
MATH-170	Analytic Trigonometry	3
MATH-175	College Algebra	4
MATH-176	Precalculus: Functions and Graphs	6
MATH-178	Calculus for Business, Social and Behavioral Sciences	4
MATH-180	Analytic Geometry and Calculus I	5
MATH-245	Discrete Mathematics	3
MATH-280	Analytic Geometry and Calculus II	4
MATH-281	Multivariable Calculus	4
MATH-284	Linear Algebra	3
MATH-285	Differential Equations	3
PHIL-125	Critical Thinking and Philosophical Composition	3
PHIL-130	Logic	3
PSC-120	Fundamentals of Scientific Computing (MATLAB)	4
PSY-215	Statistics for the Behavioral Sciences	4
SOC-215	Statistics for the Behavioral Sciences	4

<sup>1</sup> Must be completed with a "C" grade or higher or "Pass" to satisfy the competency requirement.

**Area B – Natural Sciences**

Two natural science courses (a minimum of six units) are required. At least **one** course must be taken from **each** of the following **two** sections and **one** of those two courses must include a laboratory.

Code	Title	Units
<b>1. Biological Sciences</b>		
ANTH-130	Introduction to Biological Anthropology <sup>1</sup>	3
ANTH-131	Biological Anthropology Laboratory <sup>2</sup>	1
BIO-105	Marine Biology	4
BIO-110	Environmental Biology	4
BIO-112	Contemporary Issues in Environmental Resources <sup>1</sup>	3
BIO-114	Heredity, Evolution and Society <sup>1</sup>	3
BIO-118	Introduction to Human Biology <sup>1</sup>	3
BIO-120	Principles of Biology	4

BIO-140	Human Anatomy	4
BIO-141	Human Physiology <sup>1</sup>	3
BIO-141L	Laboratory in Human Physiology <sup>2</sup>	1
BIO-144	Anatomy and Physiology I	4
BIO-145	Anatomy and Physiology II	4
BIO-152	Paramedical Microbiology	5
BIO-230	Principles of Cellular, Molecular and Evolutionary Biology	4
BIO-240	Principles of Ecology, Evolution and Organismal Biology	5

**2. Physical Sciences**

ASTR-110	Descriptive Astronomy <sup>1</sup>	3
ASTR-112	General Astronomy Laboratory <sup>2</sup>	1
ASTR-120	Exploration of the Solar System <sup>1</sup>	3
CHEM-102	Introduction to General, Organic and Biological Chemistry	5
CHEM-110	Environmental Chemistry <sup>1</sup>	3
CHEM-113	Forensic Chemistry	4
CHEM-115	Fundamentals of Chemistry	4
CHEM-116	Introductory Organic and Biochemistry	4
CHEM-117	Introductory Biochemistry	3
CHEM-120	Preparation for General Chemistry	4
CHEM-141	General Chemistry I	5
CHEM-142	General Chemistry II	5
CHEM-231	Organic Chemistry I	5
CHEM-232	Organic Chemistry II	5
CHEM-241	Organic Chemistry I Lecture <sup>1</sup>	3
CHEM-241L	Organic Chemistry I Laboratory <sup>2</sup>	2
CHEM-242	Organic Chemistry II Lecture <sup>1</sup>	3
CHEM-242L	Organic Chemistry II Laboratory <sup>2</sup>	2
GEOG-120	Physical Geography: Earth Systems <sup>1</sup>	3
GEOG-121	Physical Geography: Earth Systems Laboratory <sup>2</sup>	1
GEOG-140	Meteorology: Weather and Climate <sup>1</sup>	3
GEOL-104	Earth Science <sup>1</sup>	3
GEOL-110	Planet Earth <sup>1</sup>	3
GEOL-111	Planet Earth Laboratory <sup>2</sup>	1
GEOL-121	Earth History	4
GEOL-210	Geology of California <sup>1</sup>	3
GEOL-220	Geology of the National Parks <sup>1</sup>	3
GEOL-230	Natural Disasters <sup>1</sup>	3
OCEA-112	Introduction to Oceanography <sup>1</sup>	3
OCEA-113	Oceanography Laboratory <sup>2</sup>	1
PSC-100	Physical Science for Elementary Education <sup>1</sup>	3
PSC-110	Introduction to the Physical Sciences <sup>1</sup>	3
PSC-111	Introduction to Physical Sciences Laboratory <sup>2</sup>	1
PHYC-110	Introductory Physics	4
PHYC-130	Fundamentals of Physics	4
PHYC-131	Fundamentals of Physics	4
PHYC-201	Mechanics and Waves	5
PHYC-202	Electricity, Magnetism, and Heat	5

PHYC-203	Light, Optics, and Modern Physics	5
SCI-110	Introduction to Scientific Thought <sup>1</sup>	3

<sup>1</sup> Course does not contain a laboratory component.

<sup>2</sup> Course is laboratory only.

## Area C – Humanities

Complete two courses.

Code	Title	Units
ASL-120	American Sign Language I	4
ASL-121	American Sign Language II	4
ASL-140	Inside Deaf Culture	3
ASL-220	American Sign Language III	4
ASL-221	American Sign Language IV	4
ARBC-121	Arabic II	5
ARBC-120	Arabic I	5
ARBC-122	Arabic for the Arabic Speaker I	5
ARBC-123	Arabic for the Arabic Speaker II	5
ARBC-148	Language, Culture, and Literature of the Arab World	3
ARBC-220	Arabic III	5
ARBC-221	Arabic IV	5
ARBC-250	Conversational Arabic I	3
ARBC-251	Conversational Arabic II	3
ART-100	Art Appreciation	3
ART-120	Two-Dimensional Design	3
ART-124	Drawing I	3
ART-126	Ceramics I	3
ART-129	Three-Dimensional Design	3
ART-140	Survey of Western Art I: Prehistory Through Middle Ages	3
ART-141	Survey of Western Art II: Renaissance Through Modern	3
ART-142	Art of Africa, Oceania and the Americas	3
ART-143	Modern Art	3
ART-145	Contemporary Art	3
ART-146	Asian Art	3
ART-147	American Art	3
ART-171	Introduction to Digital Art	3
CHIN-120	Chinese I	5
CHIN-121	Chinese II	5
CHIN-220	Chinese III	5
CHIN-221	Chinese IV	5
CHIN-250	Conversational Chinese I	3
CHIN-251	Conversational Chinese II	3
COMM-135	Oral Interpretation of Literature	3
COMM-137	Critical Thinking in Group Communication	3
COMM-144	Communication Studies: Race and Ethnicity	3
COMM-145	Argumentation	3
DANC-110	Dance History	3
DANC-120	Dance Appreciation	3
ENGL-122	Introduction to Literature	3

ENGL-126	Introduction to Creative Writing	3
ENGL-134	Creative Nonfiction Writing I	3
ENGL-135	Creative Nonfiction Writing II	3
ENGL-136	Creative Nonfiction Writing III	3
ENGL-137	Creative Nonfiction Writing IV	3
ENGL-201	Women, Gender, and Sexuality in Literature	3
ENGL-203	Children's Literature	3
ENGL-215	Mythology	3
ENGL-217	Fantasy and Science Fiction	3
ENGL-218	Shakespeare - His Plays and the Theatre of His Time	3
ENGL-219	Death and Dying in Literature	3
ENGL-221	British Literature I	3
ENGL-222	British Literature II	3
ENGL-231	American Literature I	3
ENGL-232	American Literature II	3
ENGL-236	Chicana/o Literature	3
ENGL-237	American Indian Literature	3
ENGL-238	Black Literature	3
ENGL-239	Asian American Literature	3
ENGL-271	World Literature II	3
ENGL-277	Literary Theme	3
ESL-115	Exploring U.S. Cultures	6
ETHN-126	Chicano/Chicana and Mexican Art	3
ETHN-127	La Chicana	3
ETHN-134	Introduction to American Indian Art	3
ETHN-143	Images of Black Women	3
ETHN-144	Communication Studies: Race and Ethnicity	3
ETHN-236	Chicana/o Literature	3
ETHN-237	American Indian Literature	3
ETHN-238	Black Literature	3
ETHN-239	Asian American Literature	3
FREN-120	French I	5
FREN-121	French II	5
FREN-152	The French-Speaking World: A Cross- - Cultural Perspective	3
FREN-220	French III	5
FREN-221	French IV	5
FREN-250	Conversational French I	3
FREN-251	Conversational French II	3
GERM-120	German I	5
GERM-121	German II	5
GERM-220	German III	5
GERM-221	German IV	5
GERM-250	Conversational German I	3
GERM-251	Conversational German II	3
HIST-100	Early World History	3
HIST-101	Modern World History	3
HIST-103	Twentieth Century World History	3
HIST-105	Early Western Civilization	3
HIST-106	Modern Western Civilization	3
HIST-113	American Military History	3

HIST-126	History of Mexico	3	RELG-150	Asian Religions	3
HIST-135	Ancient History of Western Civilization	3	RELG-170	Introduction to Christianity	3
HIST-136	Survey of Medieval History	3	RUSS-120	Russian I	5
HIST-137	History of East Asia	3	RUSS-121	Russian II	5
HIST-148	Modern Middle East History	3	RUSS-220	Russian III	5
HUM-110	Principles of the Humanities	3	RUSS-221	Russian IV	5
HUM-120	European Humanities	3	RUSS-250	Conversational Russian I	3
HUM-125	Women and Western Culture	3	RUSS-251	Conversational Russian II	3
HUM-130	East Asian Humanities	3	SPAN-120	Spanish I	5
HUM-135	Blues as Literature, History, and Culture	3	SPAN-121	Spanish II	5
HUM-140	Humanities of the Americas	3	SPAN-122	Spanish for the Native Speaker I	5
HUM-160	Humanities of the Future	3	SPAN-123	Spanish for the Native Speaker II	5
HUM-170	Modern World Humanities	3	SPAN-141	Spanish and Latin American Cultures	3
ITAL-120	Italian I	5	SPAN-145	Hispanic Civilizations	3
ITAL-121	Italian II	5	SPAN-220	Spanish III	5
ITAL-220	Italian III	5	SPAN-221	Spanish IV	5
ITAL-221	Italian IV	5	SPAN-250	Conversational Spanish I	3
ITAL-250	Conversational Italian I	3	SPAN-251	Conversational Spanish II	3
ITAL-251	Conversational Italian II	3	THTR-101	Introduction to Narrative Theory	3
JAPN-120	Japanese I	5	THTR-110	Introduction to the Theatre	3
JAPN-121	Japanese II	5	THTR-130	Acting I	3
JAPN-149	Japanese Culture and Civilization	3	THTR-143	Historic Costume for the Theatre	3
JAPN-220	Japanese III	5	THTR-144	20th Century Fashion and Costume	3
JAPN-221	Japanese IV	5	THTR-205	The American Musical on Stage and Screen	3
JAPN-250	Conversational Japanese I	3			
JAPN-251	Conversational Japanese II	3			
MCOM-111	Introduction to Film Analysis	3			
MUS-110	Great Music Listening	3			
MUS-111	The History of Jazz	3			
MUS-115	The History of Rock Music	3			
MUS-116	Introduction to World Music	3			
MUS-117	Introduction to Music History and Literature	3			
MUS-123	History of Hip Hop Culture	3			
MUS-189	Multimedia and the Creative Arts	3			
PHIL-110	A General Introduction to Philosophy	3			
PHIL-111	Philosophy and Popular Culture	3			
PHIL-115	History of Philosophy I: Ancient and Medieval	3			
PHIL-117	History of Philosophy II: Modern and Contemporary	3			
PHIL-140	Problems in Ethics	3			
PHIL-141	Bioethics	3			
PHIL-145	Social and Political Philosophy	3			
PHIL-150	The Philosophy of Art	3			
PHIL-155	The Philosophy of Science	3			
PHIL-160	Latin American Philosophy	3			
PHOT-150	Introduction to Photography	3			
PHOT-154	History of Photography	3			
RELG-110	Introduction to the Study of Religion	3			
RELG-120	World Religions	3			
RELG-130	Scriptures of World Religions	3			
RELG-140	Religion and Culture	3			

## Area D – Social Sciences

Complete two courses.

Code	Title	Units
AOJ-110	Introduction to Administration of Justice	3
ANTH-120	Cultural Anthropology	3
ANTH-122	Anthropology of Magic, Witchcraft, and Religion	3
ANTH-127	Cultures of Latin America	3
ANTH-140	Introduction to Archaeology	3
CD-115	Changing American Family	3
CD-125	Child Growth and Development	3
CD-131	Child, Family and Community	3
CD-134	Health, Safety and Nutrition of Young Children	3
CD-145	Child Abuse and Family Violence in Our Society	3
CD-153	Teaching in a Diverse Society	3
COMM-124	Intercultural Communication	3
COMM-126	Communication Studies: Health and Wellness	3
COMM-128	Global Communication	3
ECON-110	Economic Issues and Policies	3
ECON-120	Principles of Macroeconomics	3
ECON-121	Principles of Microeconomics	3
ETHN-114	Introduction to Race & Ethnicity	3
ETHN-115	Introduction to Cultural Competence	3
ETHN-118	U.S. History: Chicano/Chicana Perspectives I	3

ETHN-119	U.S. History: Chicano/Chicana Perspective II	3	HIST-160	U.S. History: Asian American and Pacific Island American Perspectives I	3
ETHN-125	Cross-Cultural Psychology	3	HIST-161	U.S. History: Asian American and Pacific Island American Perspectives II	3
ETHN-128	Introduction to Chicana/o Studies	3	HIST-180	U.S. History: Black Perspectives I	3
ETHN-130	U.S. History and Cultures: Native American Perspectives I	3	HIST-181	U.S. History: Black Perspectives II	3
ETHN-131	U.S. History and Cultures: Native American Perspectives II	3	MCOM-110	Mass Media and Society	3
ETHN-135	San Diego County American Indian Tribes	3	MCOM-210	Social Media in the Digital Age	3
ETHN-137	American Indian Culture and Heritage	3	MCOM-250	Introduction to Representation in the Media	3
ETHN-138	The History and Cultures of California Indians	3	NUTR-155	Introduction to Nutrition	3
ETHN-145	Introduction to Black Studies	3	NUTR-158	Nutrition for Fitness and Sports	3
ETHN-160	U.S. History: Asian American and Pacific Island American Perspectives I	3	NUTR-159	Cultural Aspects of Food and Nutrition	3
ETHN-161	U.S. History: Asian American and Pacific Island American Perspectives II	3	POSC-120	Introduction to Politics and Political Analysis	3
ETHN-180	U.S. History: Black Perspectives I	3	POSC-121	Introduction to U.S. Government and Politics	3
ETHN-181	U.S. History: Black Perspectives II	3	POSC-124	Introduction to Comparative Government and Politics	3
FS-115	Changing American Family	3	POSC-130	Introduction to International Relations	3
FS-120	Human Development	3	POSC-140	Introduction to California Governments and Politics	3
GEOG-100	Introduction to Global Studies	3	POSC-150	Introduction to Political Theory	3
GEOG-101	Global Issues	3	POSC-160	Politics in Film	3
GEOG-106	World Regional Geography	3	PSY-120	Introductory Psychology	3
GEOG-130	Human Geography: The Cultural Landscape	3	PSY-125	Cross-Cultural Psychology	3
GEOG-170	The Geography of California	3	PSY-132	Psychology of Health	3
GEND-116	Introduction to Women's Studies	3	PSY-134	Human Sexuality	3
GEND-154	Early History of Women in World Civilization	3	PSY-138	Social Psychology	3
GEND-155	Modern History of Women in World Civilization	3	PSY-140	Physiological Psychology	3
HED-120	Personal Health and Lifestyles	3	PSY-170	Abnormal Psychology	3
HED-201	Introduction to Public Health	3	PSY-211	Cognitive Psychology	3
HIST-107	History of Race & Ethnicity in the United States	3	PSY-220	Learning	3
HIST-108	Early American History	3	RELG-165	Religion in America	3
HIST-109	Modern American History	3	RELG-175	Religion, Government and Politics in America	3
HIST-114	Comparative History of the Early Americas	3	SOC-114	Introduction to Race & Ethnicity	3
HIST-115	Comparative History of the Modern Americas	3	SOC-120	Introductory Sociology	3
HIST-118	U.S. History: Chicano/Chicana Perspectives I	3	SOC-125	Marriage, Family, and Alternate Lifestyles	3
HIST-119	U.S. History: Chicano/Chicana Perspectives II	3	SOC-130	Contemporary Social Problems	3
HIST-122	Women in Early American History	3	SOC-138	Social Psychology	3
HIST-123	Women in Modern American History	3	SOC-140	Sex and Gender Across Cultures	3
HIST-124	History of California	3	SOC-150	Latinx Communities in the United States	3
HIST-130	U.S. History and Cultures: Native American Perspectives I	3	<b>Area E – Fitness/Wellness</b>		
HIST-131	U.S. History and Cultures: Native American Perspectives II	3	Two courses involving physical exercise and/or dance are required. Veterans or active military refer to "Veterans" in Admission Information ( <a href="https://catalog.gcccd.edu/grossmont/admission-information/#text">https://catalog.gcccd.edu/grossmont/admission-information/#text</a> ). Requirements can only be met from the exercise science and/or dance courses listed below.		
HIST-154	Early History of Women in World Civilization	3	<b>Code</b>	<b>Title</b>	<b>Units</b>
HIST-155	Modern History of Women in World Civilization	3	<b>Dance</b>		
			DANC-068	Introduction to Dance	1.5
			DANC-071A	Studio Workshop in Tap Dance I	1
			DANC-071B	Studio Workshop in Tap Dance II	1

DANC-072A	Studio Workshop in Modern Dance I	1
DANC-072B	Studio Workshop in Modern Dance II	1
DANC-074A	Studio Workshop in Jazz Dance I	1
DANC-074B	Studio Workshop in Jazz Dance II	1
DANC-078A	Studio Workshop in Ballet I	1
DANC-078B	Studio Workshop in Ballet II	1
DANC-080A	Modern I	1.5
DANC-080B	Modern II	1.5
DANC-080C	Modern III	1.5
DANC-080D	Modern IV	1.5
DANC-081A	Tap I	1.5
DANC-081B	Tap II	1.5
DANC-081C	Tap III	1.5
DANC-081D	Tap IV	1.5
DANC-082A	Social and Ballroom Dance I	1.5
DANC-082B	Social and Ballroom Dance II	1.5
DANC-083A	Latin American Dance I	1.5
DANC-083B	Latin American Dance II	1.5
DANC-084A	Jazz I	1.5
DANC-084B	Jazz II	1.5
DANC-084C	Jazz III	1.5
DANC-084D	Jazz IV	1.5
DANC-088A	Ballet I	1.5
DANC-088B	Ballet II	1.5
DANC-088C	Ballet III	1.5
DANC-088D	Ballet IV	1.5
DANC-094A	Hip Hop I	1.5
DANC-094B	Hip Hop II	1.5
DANC-094C	Hip Hop III	1.5
DANC-094D	Hip Hop IV	1.5
DANC-099A	Studio Workshop in Pointe I	1
DANC-099B	Studio Workshop in Pointe II	1
DANC-099C	Studio Workshop in Pointe III	1
DANC-118A	Pilates I	1.5
DANC-118B	Pilates II	1.5
DANC-118C	Pilates III	1.5
DANC-118D	Pilates IV	1.5
<b>Exercise Science</b>		
ES-001	Adapted Physical Exercise	1
ES-002	Advanced Adapted Physical Exercise	1
ES-003	Adaptive Aerobic Fitness	1
ES-004A	Beginning Fitness for the Newcomer	1
ES-004B	Intermediate Fitness for the Newcomer	1
ES-004C	Advanced Fitness for the Newcomer	1
ES-005A	Beginning Cardio Fitness and Resistance Training	1.5
ES-005B	Intermediate Cardio Fitness and Resistance Training	1.5
ES-005C	Advanced Cardio Fitness and Resistance Training	1.5
ES-006A	Beginning Fitness Circuit	1
ES-006B	Intermediate Fitness Circuit	1
ES-006C	Advanced Fitness Circuit	1
ES-007A	Beginning Aerobic Walking for Fitness and Wellness	1.5
ES-007B	Intermediate Aerobic Walking for Fitness and Wellness	1.5
ES-007C	Advanced Aerobic Walking for Fitness and Wellness	1.5
ES-008A	Beginning Indoor Cycling	1
ES-008B	Intermediate Indoor Cycling	1
ES-008C	Advanced Indoor Cycling	1
ES-009A	Beginning Aerobic Dance Exercise	1
ES-009B	Intermediate Aerobic Dance Exercise	1
ES-009C	Advanced Aerobic Dance Exercise	1
ES-016A	Beginning Trail Running	1
ES-016B	Intermediate Trail Running	1
ES-016C	Advanced Trail Running	1
ES-017A	Beginning Trail Hiking	1
ES-017B	Intermediate Trail Hiking	1
ES-017C	Advanced Trail Hiking	1
ES-021A	Beginning Fitness for Chronic Disease And Injury Prevention	1.5
ES-021B	Intermediate Fitness for Chronic Disease And Injury Prevention	1.5
ES-021C	Advanced Fitness for Chronic Disease and Injury Prevention	1.5
ES-022	Total Body Conditioning	1
ES-023A	Beginning Resistance Training	1
ES-023B	Intermediate Resistance Training	1
ES-023C	Advanced Resistance Training	1
ES-024A	Beginning Fitness Boot Camp	1
ES-024B	Intermediate Fitness Boot Camp	1
ES-024C	Advanced Fitness Boot Camp	1
ES-026	Stress Reduction Through Movement and Mindfulness	1
ES-027A	Beginning T'ai Chi Ch'uan	1
ES-027B	Intermediate T'ai Chi Ch'uan	1
ES-027C	Advanced T'ai Chi Ch'uan	1
ES-028A	Beginning Yoga	1.5
ES-028B	Intermediate Yoga	1.5
ES-028C	Advanced Yoga	1.5
ES-029	Adapted Yoga	1
ES-030	Adaptive Aquatic Sports Education	1
ES-035	Adapted Swimming Limited	1
ES-037A	Beginning Springboard Diving	1
ES-037B	Intermediate Springboard Diving	1
ES-037C	Advanced Springboard Diving	1
ES-039	Swimming for Nonswimmers	1
ES-040A	Beginning Aquatic Fitness	1
ES-040B	Intermediate Aquatic Fitness	1
ES-040C	Advanced Aquatic Fitness	1
ES-041	Adapted Water Aerobics	1.5
ES-043A	Beginning Swimming	1
ES-043B	Intermediate Swimming	1
ES-043C	Advanced Swimming	1

ES-044A	Beginning Lap Swimming for Health and Fitness	1
ES-044B	Intermediate Lap Swimming for Health and Fitness	1
ES-044C	Advanced Lap Swimming for Health and Fitness	1
ES-060A	Beginning Badminton	1
ES-060B	Intermediate Badminton	1
ES-060C	Advanced Badminton	1
ES-061A	Beginning Pickleball	1
ES-061B	Intermediate Pickleball	1
ES-061C	Advanced Pickleball	1
ES-076A	Beginning Tennis	1
ES-076B	Intermediate Tennis	1
ES-076C	Advanced Tennis	1
ES-125A	Beginning Golf	1
ES-125B	Intermediate Golf	1.5
ES-125C	Advanced Golf	1.5
ES-130A	Beginning Gymnastics	1
ES-130B	Intermediate Gymnastics	1.5
ES-130C	Advanced Gymnastics	1.5
ES-155A	Beginning Basketball	1
ES-155B	Intermediate Basketball	1
ES-155C	Advanced Basketball	1
ES-170A	Beginning Soccer	1
ES-170B	Intermediate Soccer	1
ES-170C	Advanced Soccer	1
ES-171A	Beginning Softball	1
ES-171B	Intermediate Softball	1
ES-171C	Advanced Softball	1
ES-172A	Beginning Baseball	1
ES-172B	Intermediate Baseball	1
ES-172C	Advanced Baseball	1
ES-175A	Beginning Volleyball	1
ES-175B	Intermediate Volleyball	1
ES-175C	Advanced Volleyball	1
ES-176A	Beginning Beach Volleyball	1
ES-176B	Intermediate Beach Volleyball	1
ES-176C	Advanced Beach Volleyball	1
ES-180	Self-Defense for Women	1
ES-185A	Beginning Fencing	1.5
ES-185B	Intermediate Fencing	1.5
ES-185C	Advanced Fencing	1.5

## VII. General Studies Major Requirements

Grossmont College recognizes that the educational program of any one student should be composed of courses of study meaningful and appropriate to their own lifestyle. In order to facilitate this concept, the college provides for maximum flexibility in combining courses for the general studies majors. In this way, the student may design a major which is the best preparation for citizenship, personal development or employment. If the student wishes to meet the requirements for a particular major at a selected four-year college or university, the course of study the student designs would be influenced by the pattern suggested

in the current catalog of the specific transfer institution. General Studies majors are outlined in the Associate Degree section of the catalog.

## VIII. Academic/Occupational Major Requirements

Grossmont College has developed career programs which reflect the needs of the community. The endless effort to continue dynamic program improvement and the development of career education has become an essential way of life in order to meet the needs of today's society. The opportunities for career education at Grossmont College are excellent for all who wish to become more self-sufficient or who wish to advance in their present fields.

Many of the units earned in career programs at Grossmont College are accepted toward the Bachelor's Degree at four-year institutions. Persons who would like to discuss career planning should consult with a counselor and/or representative of the department in which they have special interest. This should be accomplished early and, if possible, prior to registration. Career programs are outlined in the catalog, or in various brochures available in the Counseling Center.

The emphasis on career planning and education at Grossmont College is evidenced by the number of available programs leading to the Associate Degree. In curriculum planning for career education, citizens' advisory committees, composed of persons from various fields of specialization, give of their time in order to ensure quality courses that specifically prepare for proficiencies essential to employment, retention on the job, and for living a more productive and full life.

The technical-vocational major is a program of 18 or more units designed to complete all course requirements designated by the department in a single area of concentration. Such a major shall be stated on the degree. These courses must be taken for a letter grade unless designated Pass/No Pass only.

## IX. Associate Degree for Transfer (ADT) Reciprocity

1. For those students who come to Grossmont College having already begun an AA-T or AS-T at another California Community College in a particular area of study and having already completed courses as stipulated by that college for that AA-T or AS-T, Grossmont will accept any courses listed on the Transfer Model Curriculum (TMC), even if they are different from those stipulated by Grossmont College.
2. For those students who begin their AA-T or AS-T at Grossmont College, Grossmont will accept those courses stipulated by Grossmont College for their AA-T or AS-T.

## X. Application for Graduation

It is the responsibility of the student who expects to graduate to have all college transcripts on file prior to filing an application for graduation on a form provided by the Admissions and Records Office. The application should be filed prior to the deadline for the semester in which the student plans to complete requirements for a degree.

A student not in continuous attendance at Grossmont College should be aware that he/she must meet degree requirements listed in the catalog in effect at the time of re-admission. The student may choose to meet requirements in a catalog published after his/her re-admission provided he/she remains in continuous attendance.

## XI. Additional Associate Degree(s)

Additional associate degrees may be earned under the following conditions:

- A. Having received an A.A. or A.S. Degree, a student may qualify for an A.A or A.S. Degree in other fields with the exception of the General Studies Degree.
- B. Having received an A.A. or A.S. degree in University Transfer Studies a student is not eligible to receive an additional University Studies degree at Grossmont College.
- C. Having received a Bachelor's Degree or higher, a student may qualify for an A.A. or A.S. Degree in other fields with the exception of the General Studies Degree or the University Studies Degree.
- D. Having met all general education requirements as specified in this catalog and completed a minimum of 12 units in the major at Grossmont College subsequent to the preceding degree(s), with the exception of an Associate Degree for Transfer (ADT).

## XII. Multiple Majors

Multiple majors are different from additional associate degrees (see Section X) in that the student with a multiple major works simultaneously toward the completion of more than one major. An Associate in Science or Associate in Arts Degree with a multiple major can be earned by completion of all general education requirements plus the courses required for the majors as outlined in this catalog under Associate Degree Programs at Grossmont College. A General Studies Major cannot be included as part of the multiple major within the Grossmont-Cuyamaca Community College District. Students are not eligible to receive multiple University Studies degrees.

## XIII. Certificates of Achievement

A Certificate of Achievement may be awarded upon successful completion of a prescribed course of study in the following areas: Administration of Justice, American Sign Language, Arabic, Art: Photography, Business Administration, Business-General, Business Office Technology, Telemetry/ECG, Chemistry, Child Development, Computer Science Information Systems, Culinary Arts, Dance, Disability Services Management, English, Exercise Science and Wellness, French, German, Hospitality and Tourism Management, International Business, Management, Marketing, Media Communications, Musical Theatre, Orthopedic Technology, Political Science, Retail Management, Russian, Spanish, Theatre Arts, and University Studies. To qualify for such a certificate, a student must:

1. Complete all courses for a particular certificate which are listed in the Associate Degree program section of this catalog.
2. A "C" grade or higher or "Pass" is required for all courses taken at Grossmont College or elsewhere, which are to be applied toward the certificate.
3. Satisfactorily complete at least one required course at Grossmont College during the semester in which the certificate is earned. All courses taken for the certificate must be graded courses (except for University Studies.)
4. File an application for the certificate of achievement in the Admissions and Records Office at the beginning of the semester in which the requirements will be completed. (See calendar in front of this catalog for exact deadline.)
5. Students may follow the catalog under which they enter, or any subsequent catalog, as long as they are in continuous attendance. A student not in continuous attendance must meet the certificate requirements listed in the catalog in effect at the time of readmission.

## XIV. Certificates of Proficiency

Certificates of Proficiency are designed for the student who needs to be prepared for an entry-level job. A department-issued certificate may be awarded upon successful completion of a prescribed course of study. These certificates will not appear on a student's transcript. Completion of a Certificate of Proficiency does not entitle a student to participate in the commencement ceremony. To receive a Certificate of Proficiency, a student must complete all courses with a "C" grade or higher or "Pass".

Certificates of Proficiency are offered in the following areas: Arabic – Basic Arabic for Healthcare Professionals, Business – Insurance Services, Business Office Technology-Account Clerk, Front Office/ Receptionist, Medical Office Assistant, Office Professional, Office Assistant Specialist Level I, Office Software Specialist Level II; Virtual Office Assistant; Child Development - Associate Teacher; Computer Science Information Systems-Information Technology Technician, Network and Cybersecurity Technician, Ethnic Studies-Cross Cultural Competence; Cross Cultural Communication Skills; Cross Cultural Skills with Conversational-Level Second Language; Exercise Science-Fitness Specialist Certification, Administration of Justice Geospatial Literacy Certificate, Geography-Educators Global Awareness, Geographic Information Systems Literacy, Global Awareness and Appreciation, Administration of Justice Geospatial Literacy Certificate. Respiratory Therapy-Sleep Disorders, Diagnostic Procedures, and Treatment.

## Transfer Information

Students planning to transfer to a four-year university have a wide variety of options. The California State University (CSU) with 23 campuses, the University of California (UC) with 9 undergraduate campuses and private, independent colleges in California, as well as public and private options located throughout the United States and internationally provide a wide range of academic programs, physical and academic environments, and social climates. Grossmont College offers lower division coursework in preparation for transfer to four-year colleges and universities. Students wishing to pursue transfer should meet with a counselor as early as possible to discuss their educational plan.

Successful transfer planning requires the following steps: First, select an academic or career goal, then select an appropriate major to meet that goal. Next, research the most suitable college(s) or university(ies). After you've selected the college(s) or university(ies), make an appointment with a counselor to develop an educational plan. As you approach completion of the required coursework in your education plan you will need to complete the application process. Students are encouraged to take advantage of the resources and assistance available in the Transfer Center for each step of the process.

All colleges and universities have specific admission requirements including general education, major preparation and/or unit requirements, as well as minimum grade point averages (GPA) that must be met prior to transfer. Students should complete as many of these requirements as possible before they transfer, and in some cases must complete all prior to transfer. The Articulation Officer develops and maintains transfer articulation agreements with local colleges and universities which list courses that satisfy general education requirements and preparation for the major.

The Articulation Officer maintains an articulation website with valuable information on general education and major preparation for CSU, UC and Independent/Private/Out-of-State Colleges and Universities. The website address is <https://www.grossmont.edu/articulation> (<https://www.grossmont.edu/articulation/>). UC and CSU general education or



major preparation agreements are also posted on ASSIST, California’s articulation and student transfer information system. The website is <https://www.assist.org>.

## University of California (UC)

The University of California is an integral part of the public education system of California. The campuses of the University of California are located in:

- Berkeley<sup>1</sup>
- Davis
- Irvine
- Los Angeles
- Merced<sup>1</sup>
- Riverside
- San Diego
- Santa Cruz
- Santa Barbara
- San Francisco
- (Medical Center)

<sup>1</sup> Semester System.

Nine UC campuses admit undergraduate students pursuing the bachelor degree. UC San Francisco admits at the graduate level only.

### UC Admission Guarantee Programs

**Transfer Admission Guarantee (TAG)** agreements are available to Grossmont students interested in transferring to UC Davis, UC Irvine, UC Merced, UC Riverside, UC Santa Barbara and UC Santa Cruz. For more information, visit the Transfer Center website at <https://www.grossmont.edu/transfer-center/>.

**UniversityLink** is an admission guarantee program to UCSD designed for recent high school graduates and student veterans, active duty service members and current/former foster youth. Additional information can be found at: <https://admissions.ucsd.edu/transfer/universitylink.html>. Students are encouraged to visit the Transfer Center or meet with a counselor to determine eligibility and apply.

### Applying for Admission

To apply for admission to the University of California as an undergraduate, apply online at <https://www.universityofcalifornia.edu/admissions> (<https://www.universityofcalifornia.edu/admissions/>) during the application months listed as follows:

Term	Application Filing Period
Fall 2025	October 1, 2024-November 30, 2024
Winter/Spring 2026	July 1, 2025-July 31, 2025

Select UC campuses offer winter/spring admission cycles.

Submit your completed application online on or soon after the opening of the application period. The Transfer Center offers application assistance during the application filing periods listed above.

Consult the following sections for information about transfer and admission requirements.

### Courses Accepted for Transfer to the University of California

The most current list of UC transferable courses is available on the ASSIST website (<https://www.assist.org>). Also, please check the course

description for each course in this catalog for UC transferability. Refer to ASSIST (<https://www.assist.org>) for official Credit Limitation information.

Each campus of the University of California usually accepts, at full unit value, UC transferable courses completed with satisfactory grades from the California Community Colleges. Students intending to transfer to a UC will find it advantageous to complete their lower division requirements at Grossmont College. A maximum of 70 transferable community college units is honored by the university campuses. However, students should become familiar with specific requirements of the campus to which transfer is planned by examining each UC catalog and website.

Articulation agreements have been developed with most campuses of the University of California and are available on the ASSIST website (<https://www.assist.org>). Grossmont counselors can provide assistance with transfer educational plans.

### Minimum Upper Division UC Transfer Admission Requirements

1. Complete 60 semester units or 90 quarter units of transferable college credit with a minimum grade point average of 2.4 (2.8 for non-residents). No more than 14 semester (21 quarter) units may be taken Pass/No Pass.
2. Complete with a “C” grade or higher or “Pass” a seven-course pattern requirement to include:
  - a. Two transferable college courses (3 semester or 4-5 quarter units each) in English composition; and
  - b. One transferable college course (3 semester or 4-5 quarter units) in mathematical concepts and quantitative reasoning; and
  - c. Four transferable college courses (3 semester or 4-5 quarter units each) chosen from at least two of the following subject areas: the arts and humanities, the social and behavioral sciences, or the physical and biological sciences.
 

or

 Complete the IGETC to fulfill lower division general education (if appropriate for UC major). Refer to Plan B in General Education & Transfer information (<https://catalog.gcccd.edu/grossmont/admission-information/general-education-transfer/>).

Please note: In addition to the requirements above, individual universities have specified additional requirements and transfer GPA that must be achieved to be eligible and/or competitive for admission.

### University of California (UC) Credit Limitations

Subject to change. The ASSIST website (<https://www.assist.org>) lists are the most current.

- AOJ-144 Probation and Parole, AOJ-200 Criminal Law combined: maximum credit, one course.
- ANTH-215 Statistics for the Behavioral Sciences/BIO-215 Statistics for Life Sciences/ECON-215 Statistics for Business and Economics/SOC-215 Statistics for the Behavioral Sciences/PSY-215 Statistics for the Behavioral Sciences/MATH-160 Elementary Statistics: maximum credit, one course.
- BIO-140 Human Anatomy, BIO-141 Human Physiology, BIO-141L Laboratory in Human Physiology, BIO-144 Anatomy and Physiology I, BIO-145 Anatomy and Physiology II: maximum credit 8 units.
- BIO-150 Field Study of the Natural History of the Greater San Diego Region/GEOG-150 Field Study of the Natural History of the Greater San Diego Region/GEOL-150 Field Study of the Natural History of the Greater San Diego Region/OCEA-150 Field Study of the Natural History of the Greater San Diego Region: maximum credit, one course.

- BIO-215 Statistics for Life Sciences/ANTH-215 Statistics for the Behavioral Sciences/ECON-215 Statistics for Business and Economics/SOC-215 Statistics for the Behavioral Sciences/PSY-215 Statistics for the Behavioral Sciences/MATH-160 Elementary Statistics: maximum credit, one course.
- CD-115 Changing American Family/FS-115 Changing American Family: maximum credit, one course.
- CHEM-102 Introduction to General, Organic and Biological Chemistry, CHEM-110 Environmental Chemistry, CHEM-113 Forensic Chemistry, CHEM-115 Fundamentals of Chemistry, and CHEM-120 Preparation for General Chemistry combined: maximum credit, one course. No credit for CHEM-102 Introduction to General, Organic and Biological Chemistry if taken after CHEM-115 Fundamentals of Chemistry, CHEM-116 Introductory Organic and Biochemistry. No credit for CHEM-102 Introduction to General, Organic and Biological Chemistry, CHEM-110 Environmental Chemistry, CHEM-113 Forensic Chemistry, CHEM-115 Fundamentals of Chemistry, and CHEM-120 Preparation for General Chemistry if taken after CHEM-141 General Chemistry I. No credit for CHEM-116 Introductory Organic and Biochemistry if taken after CHEM-231 Organic Chemistry I.
- CHEM-231 Organic Chemistry I and CHEM-241 Organic Chemistry I Lecture combined: maximum credit, 5 units.
- CHEM-232 Organic Chemistry II and CHEM-242 Organic Chemistry II Lecture combined: maximum credit, 5 units.
- COMM-124 Intercultural Communication, COMM-144 Communication Studies: Race and Ethnicity, ETHN-144 Communication Studies: Race and Ethnicity or ETHN-115 Introduction to Cultural Competence combined: maximum credit, one course.
- DANC: Maximum of four semester units of credit for Physical Education (ES) activity courses.
- ECON-110 Economic Issues and Policies: No credit for ECON-110 Economic Issues and Policies if taken after ECON-120 Principles of Macroeconomics or ECON-121 Principles of Microeconomics.
- ECON-215 Statistics for Business and Economics, BIO-215 Statistics for Life Sciences, ANTH-215 Statistics for the Behavioral Sciences, SOC-215 Statistics for the Behavioral Sciences, PSY-215 Statistics for the Behavioral Sciences, MATH-160 Elementary Statistics: maximum credit, one course.
- ENGL-130 Short Fiction Writing I, ENGL-131 Short Fiction Writing II, ENGL-132 Short Fiction Writing III and ENGL-133 Short Fiction Writing IV combined: maximum credit, two courses.
- ENGL-134 Creative Nonfiction Writing I, ENGL-135 Creative Nonfiction Writing II, ENGL-136 Creative Nonfiction Writing III and ENGL-137 Creative Nonfiction Writing IV combined: maximum credit, two courses.
- ENGL-140 Poetry Writing I, ENGL-141 Poetry Writing II, ENGL-142 Poetry Writing III and ENGL-143 Poetry Writing IV combined: maximum credit, two courses.
- ENGL-160 Drama Writing I ENGL-161 Drama Writing II, ENGL-162 Drama Writing III and ENGL-163 Drama Writing IV combined: maximum credit, two courses.
- ENGL-175 Novel Writing I, ENGL-176 Novel Writing II, ENGL-177 Novel Writing III and ENGL-178 Novel Writing IV combined: maximum credit, one course.
- ENGL-236 Chicana/o Literature, ETHN-236 Chicana/o Literature: maximum credit, one course.
- ENGL-237 American Indian Literature, ETHN-237 American Indian Literature: maximum credit, one course.
- ENGL-238 Black Literature, ETHN-238 Black Literature: maximum credit, one course.
- ENGL-239 Asian American Literature, ETHN-239 Asian American Literature: maximum credit, one course.
- ESL-115 Exploring U.S. Cultures and ESL-122 College Rhetoric combined: maximum credit, 8 units.
- ES: maximum of four semester units of credit for Physical Education activity courses.
- ES: maximum of eight semester units of credit for Physical Education Theory courses.
- ETHN-115 Introduction to Cultural Competence and ETHN-144 Communication Studies: Race and Ethnicity/COMM-144 Communication Studies: Race and Ethnicity and COMM-124 Intercultural Communication combined: maximum credit, one course.
- ETHN-118 U.S. History: Chicano/Chicana Perspectives I/HIST-118 U.S. History: Chicano/Chicana Perspectives I, HIST-119 U.S. History: Chicano/Chicana Perspectives II; HIST-130 U.S. History and Cultures: Native American Perspectives I, HIST-131 U.S. History and Cultures: Native American Perspectives II, HIST-160 U.S. History: Asian American and Pacific Island American Perspectives I, HIST-161 U.S. History: Asian American and Pacific Island American Perspectives II, HIST-180 U.S. History: Black Perspectives I, HIST-181 U.S. History: Black Perspectives II combined with HIST-108 Early American History, HIST-109 Modern American History: maximum credit, one series.
- ETHN-107 History of Race & Ethnicity in the United States, HIST-107 History of Race & Ethnicity in the United States: maximum credit, one course
- ETHN-180 U.S. History: Black Perspectives I, HIST-180 U.S. History: Black Perspectives I: maximum credit, one course.
- ETHN-181 U.S. History: Black Perspectives II, HIST-181 U.S. History: Black Perspectives II: maximum credit, one course.
- ETHN-236 Chicana/o Literature, ENGL-236 Chicana/o Literature: maximum credit, one course.
- ETHN-237 American Indian Literature, ENGL-237 American Indian Literature: maximum credit, one course.
- ETHN-238 Black Literature, ENGL-238 Black Literature: maximum credit, one course.
- ETHN-125 Cross-Cultural Psychology, PSY-125 Cross-Cultural Psychology: maximum credit, one course.
- ETHN-114 Introduction to Race & Ethnicity, SOC-114 Introduction to Race & Ethnicity: maximum credit, one course.
- FS-115 Changing American Family, CD-115 Changing American Family: maximum credit, one course.
- FS-120 Human Development, PSY-150 Developmental Psychology: maximum credit, one course.
- GEND-154 Early History of Women in World Civilization, HIST-154 Early History of Women in World Civilization: maximum credit, one course.
- GEND-155 Modern History of Women in World Civilization, HIST-155 Modern History of Women in World Civilization: maximum credit, one course.
- GEOG-150 Field Study of the Natural History of the Greater San Diego Region, BIO-150 Field Study of the Natural History of the Greater San Diego Region, GEOL-150 Field Study of the Natural History of the Greater San Diego Region, OCEA-150 Field Study of the Natural History of the Greater San Diego Region: maximum credit, one course.

- GEOL-150 Field Study of the Natural History of the Greater San Diego Region, BIO-150 Field Study of the Natural History of the Greater San Diego Region, GEOG-150 Field Study of the Natural History of the Greater San Diego Region, OCEA-150 Field Study of the Natural History of the Greater San Diego Region: maximum credit, one course.
- HIST-154 Early History of Women in World Civilization, GEND-154 Early History of Women in World Civilization: maximum credit, one course.
- HIST-155 Modern History of Women in World Civilization, GEND-155 Modern History of Women in World Civilization: maximum credit, one course.
- HUM-120 European Humanities, HUM-125 Women and Western Culture, HUM-130 East Asian Humanities and HUM-170 Modern World Humanities combined: maximum credit, two courses.
- MATH-120 Quantitative Reasoning or MATH-125 Structure and Concepts of Elementary Mathematics I and MATH-126 Structure and Concepts of Elementary Mathematics II credit can only be granted for either MATH-120 Quantitative Reasoning or MATH-125 Structure and Concepts of Elementary Mathematics I and MATH-126 Structure and Concepts of Elementary Mathematics II combined.
- MATH-160 Elementary Statistics, ANTH-215 Statistics for the Behavioral Sciences, BIO-215 Statistics for Life Sciences, ECON-215 Statistics for Business and Economics, PSY-215 Statistics for the Behavioral Sciences, SOC-215 Statistics for the Behavioral Sciences: maximum credit, one course.
- MATH-175 College Algebra and MATH-176 Precalculus: Functions and Graphs: combined: maximum credit, 5 semester units.
- MATH-178 Calculus for Business, Social and Behavioral Sciences and MATH-180 Analytic Geometry and Calculus I combined: maximum credit, one course.
- MUS-105 Music Theory and Practice I, MUS-106 Music Theory and Practice II and MUS-128 Music Theory for Guitar I, MUS-129 Music Theory for Guitar II combined: maximum credit, one series.
- OCEA-150 Field Study of the Natural History of the Greater San Diego Region, BIO-150 Field Study of the Natural History of the Greater San Diego Region, GEOG-150 Field Study of the Natural History of the Greater San Diego Region, GEOL-150 Field Study of the Natural History of the Greater San Diego Region: maximum credit, one course.
- PHYC-110 Introductory Physics: No credit if taken after PHYC-130 Fundamentals of Physics or PHYC-201 Mechanics and Waves.
- PHYC-130 Fundamentals of Physics, PHYC-131 Fundamentals of Physics or PHYC-201 Mechanics and Waves, PHYC-202 Electricity, Magnetism, and Heat, PHYC-203 Light, Optics, and Modern Physics combined: maximum credit, one series.
- PSC-110 Introduction to the Physical Sciences and PSC-111 Introduction to Physical Sciences Laboratory: No credit if taken after a college course in Astronomy, Chemistry, Geology or Physics.
- PSY-125 Cross-Cultural Psychology, ETHN-125 Cross-Cultural Psychology: maximum credit, one course.
- PSY-138 Social Psychology, SOC-138 Social Psychology: maximum credit, one course.
- PSY-150 Developmental Psychology, FS-120 Human Development: maximum credit, one course.
- PSY-215 Statistics for the Behavioral Sciences/ECON-215 Statistics for Business and Economics/BIO-215 Statistics for Life Sciences/ANTH-215 Statistics for the Behavioral Sciences/SOC-215 Statistics for the Behavioral Sciences/MATH-160 Elementary Statistics: maximum credit, one course.
- SOC-114 Introduction to Race & Ethnicity, ETHN-114 Introduction to Race & Ethnicity: maximum credit, one course.
- SOC-138 Social Psychology, PSY-138 Social Psychology: maximum credit, one course.
- SOC-215 Statistics for the Behavioral Sciences/PSY-215 Statistics for the Behavioral Sciences/ECON-215 Statistics for Business and Economics/BIO-215 Statistics for Life Sciences/ANTH-215 Statistics for the Behavioral Sciences/MATH-160 Elementary Statistics: maximum credit, one course.
- SPAN-120 Spanish I and SPAN-122 Spanish for the Native Speaker I combined: maximum credit, one course.
- SPAN-121 Spanish II and SPAN-123 Spanish for the Native Speaker II combined: maximum credit, one course.

### Associate in Arts for Transfer (AA-T) or Associate in Science for Transfer (AS-T)

California Community Colleges offer Associate Degrees for Transfer to the CSU. These include Associate in Arts for Transfer (AA-T) and Associate in Science for Transfer (AS-T) degrees. These degrees are designed to provide a pathway to a CSU major and baccalaureate degree. California Community College students who are awarded an AA-T or AS-T degree and complete the CSU application process successfully are guaranteed admission with junior standing to the CSU system. Students also receive priority admission consideration to their local CSU campus. This priority does not guarantee admission to specific campuses or majors.

Students who have been awarded an AA-T or AS-T are able to complete their remaining requirements for the 120-unit baccalaureate degree within 60 semester or 90 quarter units at the California State University campus.

Associate Degrees for Transfer are listed in the Associate Degree Programs section of this catalog. To find out which CSU campuses accept each degree and to review their options for transfer, students are encouraged to visit the Transfer Center or meet with a counselor. Additional information and updates are also available on the Articulation website: <https://www.grossmont.edu/articulation> (<https://www.grossmont.edu/articulation/>).

### The California State University (CSU)

The California State University system provides upper division educational programs for California community college transfer students.

Grossmont College students wishing to transfer to a California State University may choose from the following campuses:

CSU Bakersfield  
 CSU Channel Islands  
 Chico State  
 CSU Dominguez Hills  
 Cal State East Bay  
 Fresno State  
 Cal State Fullerton  
 Cal Poly Humboldt  
 Cal State Long Beach  
 Cal State LA  
 Cal Maritime  
 CSU Monterey Bay  
 CSUN (Northridge)  
 Cal Poly Pomona

Sacramento State  
 Cal State San Bernardino  
 San Diego State  
 San Francisco State  
 San José State  
 Cal Poly San Luis Obispo<sup>1</sup>  
 CSU San Marcos  
 Sonoma State  
 Stanislaus State

<sup>1</sup> A quarter term university.

### CSU Admission Guarantee Programs

**San Diego State University (SDSU) Transfer Admission Guarantee (TAG):** SDSU offers guaranteed admission to local admissions-area students for select majors. Grossmont College students are encouraged to review eligibility criteria and applicable majors available on SDSU's Transfer Pathways website <https://admissions.sdsu.edu/transfers/transfer-pathways> (<https://admissions.sdsu.edu/transfers/transfer-pathways/>).

The Grossmont Transfer Center website: <https://www.grossmont.edu/transfer-center/> includes updated information and resources. Students are encouraged to visit the Transfer Center, attend transfer workshops, and meet with a counselor for more information.

### Applying For Admission

All California State Universities use Cal State Apply for their application process. You must apply for admission online at: <https://www2.calstate.edu/apply> (<https://www2.calstate.edu/apply/>). Carefully follow the instructions shown on the online application. The Transfer Center offers application assistance during the application filing periods listed below.

Term	Application Filing Period
Fall 2025	October 1, 2024-November 30, 2024
Winter 2026 <sup>1</sup>	June 1, 2025-June 30, 2025
Spring 2026 <sup>1</sup>	August 1, 2025-August 31, 2025

<sup>1</sup> Some CSU campuses may offer winter/spring admission cycles.

Supplemental applications and a Cal State application update are also required. Check the individual campus websites for more information. The Transfer Center offers assistance with supplemental applications and application updates in January each year.

Consult the following sections for information about transfer and admission requirements.

### Courses Accepted For Transfer to the California State University (CSU)

Please check the ASSIST website (<https://www.assist.org>) or the course descriptions in the courses of instruction area of this catalog for CSU transferability. Courses identified as transferable are certified as transferable to any of the 23 CSU campuses. There are limitations transferring 199, 298 and 299 courses. For instance, 298 courses are non-degree and non-transfer. 299A courses do not transfer to universities. 299B courses transfer to the CSU but not the UC System. Meet with a counselor for further clarification.

### Minimum Upper Division CSU Transfer Admission Requirements

To meet your upper division transfer requirements to the CSU, you must:

- have completed at least 60 transferable semester (90 quarter) units;
- have a grade point average of 2.00 (C) (2.40 for non-residents) or better in all transferable units attempted;
- be in good standing at the last college or university attended;
- have completed at least 30 semester (45 quarter) units of approved General Education coursework including "Golden Four" requirements in Written Communication, Oral Communication, Critical Thinking and Mathematics/Quantitative Reasoning. Refer to Plan B and Plan C in General Education & Transfer information (<https://catalog.gcccd.edu/grossmont/admission-information/general-education-transfer/>).

Please note that these are minimum admission requirements. Students applying to impacted campuses and programs will likely need a higher GPA and specific major prep courses to be competitive.

### Independent California Colleges and Universities

California's fully accredited independent colleges and universities provide a host of options at undergraduate, graduate, and professional levels for students planning to continue their education beyond community college and may include admission guarantee programs utilizing the Associate Degree for Transfer.

Students who transfer to independent colleges or universities find they are given academic credit for most, if not all, of their community college courses. The majority of institutions give full credit for general education courses and usually for other courses designated for transfer by the community college.

Some colleges and universities stipulate a certain number of completed units before considering students eligible for transfer. Others do not and will accept students at any time. The requirements are outlined in the respective college catalogs and websites.

Visit the Grossmont College Articulation website: <https://www.grossmont.edu/articulation/> or the Transfer Center: <https://www.grossmont.edu/transfer-center/> for major preparation and general education at selected universities. Independent institutions invite you to make an appointment with their Admissions Office to discuss your transfer opportunities on a personal basis.

Information regarding financial aid provided at independent four-year institutions may be available in the Financial Aid Office at Grossmont College.

### Course Identification Numbering System (C-ID)

The Course Identification Numbering System (C-ID) is a statewide numbering system independent from the course numbers assigned by local California community colleges. A C-ID number next to a course signals that participating California colleges and universities have determined that courses offered by other California community colleges are comparable in content and scope to courses offered on their own campuses, regardless of their unique titles or local course number. Thus, if a schedule of classes or catalog lists a course bearing a C-ID number, students at that college can be assured that it will be accepted in lieu of a course bearing the C-ID designation at another community college. However, students should always go to <https://www.assist.org> to confirm how each college's course will be accepted at a particular four-year college or university for transfer credit.

The C-ID numbering system is useful for students attending more than one community college and is applied to many of the transferable courses students need as preparation for transfer. Because these course requirements may change and because courses may be modified and

qualified for or deleted from the C-ID database, students should always check with a counselor to determine how C-ID designated courses fit into their educational plans for transfer. Every effort has been made to ensure this reflects the most current and accurate information. To refer to the official repository please visit <https://c-id.net/>.

Grossmont Course	C-ID #
ANTH-120	ANTH 120
ANTH-130	ANTH 110
ANTH-131	ANTH 115 L
ANTH-140	ANTH 150
ANTH-215	MATH 110
ANTH-215	SOCI 125
AOJ-110	AJ 110
AOJ-125	AJ 200
AOJ-200	AJ 120
AOJ-202	AJ 124
AOJ-204	AJ 122
AOJ-206	AJ 140
AOJ-208	AJ 220
AOJ-240	AJ 160
ART-141	ARTH 120
ART-119	ARTS 270
ART-120	ARTS 100
ART-121	ARTS 210
ART-124	ARTS 110
ART-125	ARTS 205
ART-129	ARTS 101
ART-140	ARTH 110
ART-146	ARTH 130
ART-171	ARTS 250
ART-230	ARTS 200
BIO-140	BIOL 110 B
BIO-141, BIO-141L	BIOL 120 B
BIO-230	BIOL 190
BIO-240	BIOL 140
BUS-110	BUS 110
BUS-120	ACCT 110
BUS-121	ACCT 120
BUS-125	BUS 125
BUS-125	BUS 120
BUS-128	BUS 115
BUS-128	BUS 115
CD-125	CDEV 100
CD-130	ECE 130
CD-131	CDEV 110
CD-132	ECE 200
CD-133	ECE 210
CD-134	ECE 220
CD-153	ECE 230
CD-212	ECE 210
CD-213	ECE 200
CHEM-141	CHEM 110

CHEM-141, CHEM-142	CHEM 120 S
CHEM-231, CHEM-232	CHEM 160 S
COMM-120	COMM 130
COMM-122	COMM 110
COMM-124	COMM 150
COMM-135	COMM 170
COMM-137	COMM 140
COMM-145	COMM 120
COMM-240	COMM 160 B
CSIS-110	BUS 140
CSIS-110	ITIS 120
CSIS-165	COMP 142
CSIS-240	COMP 152
CSIS-293	COMP 112
CSIS-293	COMP 122
CSIS-294	COMP 132
ECON-120	ECON 202
ECON-121	ECON 201
ENGL-120	ENGL 100
ENGL-122	ENGL 120
ENGL-124	ENGL 105
ENGL-126	ENGL 200
ENGL-221	ENGL 160
ENGL-222	ENGL 165
ENGL-231	ENGL 130
ENGL-232	ENGL 135
ES-250	KIN 100
ESL-122	ENGL 100
ETHN-114	SOCI 150
GEND-116	SJS 120
GEND-117	SJS 130
GEOG-104	GEOG 155
GEOG-120	GEOG 110
GEOG-121	GEOG 111
GEOG-121	GEOL 120 L
GEOG-130	GEOG 120
GEOG-140	GEOG 130
GEOG-170	GEOG 140
GEOL-110	GEOL 100
GEOL-111	GEOL 100 L
GEOL-121	GEOL 111
HIST-100	HIST 150
HIST-101	HIST 160
HIST-105	HIST 170
HIST-106	HIST 180
HIST-108	HIST 130
HIST-109	HIST 140
MATH-160	MATH 110
MATH-178	MATH 140
MATH-180	MATH 210
MATH-180, MATH-280	MATH 900 S
MATH-281	MATH 230

MATH-284	MATH 250	POSC-121	POLS 110
MATH-285	MATH 240	POSC-124	POLS 130
MCOM-110	JOUR 100	POSC-130	POLS 140
MCOM-112	JOUR 110	POSC-150	POLS 120
MCOM-132A	JOUR 130	PSY-120	PSY 110
MCOM-132B	JOUR 131	PSY-134	PSY 130
MCOM-212	JOUR 120	PSY-138	PSY 170
MUS-105	MUS 120	PSY-140	PSY 150
MUS-106	MUS 130	PSY-150	PSY 180
MUS-132	MUS 170	PSY-170	PSY 120
MUS-133	MUS 171	PSY-205	PSY 200
MUS-138	MUS 180	PSY-215	MATH 110
MUS-139	MUS 180	PSY-215	SOC 125
MUS-150	MUS 180	SOC-114	SOCI 150
MUS-151	MUS 180	SOC-120	SOCI 110
MUS-152	MUS 180	SOC-125	SOCI 130
MUS-153	MUS 180	SOC-130	SOCI 115
MUS-154	MUS 180	SOC-138	PSY 170
MUS-155	MUS 180	SOC-140	SOCI 140
MUS-156	MUS 180	SOC-215	MATH 110
MUS-157	MUS 180	SOC-215	SOCI 125
MUS-166	MUS 180	SPAN-120	SPAN 100
MUS-167	MUS 180	SPAN-121	SPAN 110
MUS-190	MUS 160	SPAN-122	SPAN 220
MUS-191	MUS 160	SPAN-123	SPAN 230
MUS-205	MUS 140	SPAN-220	SPAN 200
MUS-206	MUS 150	SPAN-221	SPAN 210
MUS-232	MUS 172	THTR-101	THTR 114
MUS-238	MUS 180	THTR-102A	THTR 192
MUS-239	MUS 180	THTR-102B	THTR 192
MUS-250	MUS 180	THTR-102C	THTR 192
MUS-251	MUS 180	THTR-102D	THTR 192
MUS-252	MUS 180	THTR-103A	THTR 192
MUS-253	MUS 180	THTR-103B	THTR 192
MUS-254	MUS 180	THTR-103C	THTR 192
MUS-255	MUS 180	THTR-103D	THTR 192
MUS-256	MUS 180	THTR-104A	THTR 192
MUS-257	MUS 180	THTR-104B	THTR 192
MUS-266	MUS 180	THTR-104C	THTR 192
MUS-267	MUS 180	THTR-104D	THTR 192
MUS-290	MUS 160	THTR-110	THTR 111
MUS-291	MUS 160	THTR-111A	THTR 191
NUTR-205	NUTR 120	THTR-111B	THTR 191
PHIL-110	PHIL 100	THTR-111C	THTR 191
PHIL-130	PHIL 110	THTR-111D	THTR 191
PHIL-140	PHIL 120	THTR-112A	THTR 192
PHYC-130	PHYS 105	THTR-112B	THTR 192
PHYC-131	PHYS 110	THTR-112C	THTR 192
PHYC-201	PHYS 205	THTR-112D	THTR 192
PHYC-202	PHYS 210	THTR-122A	THTR 191
PHYC-203	PHYS 215	THTR-122B	THTR 191
POSC-120	POLS 150	THTR-122C	THTR 191

THTR-122D	THTR 191
THTR-123A	THTR 192
THTR-123B	THTR 192
THTR-123C	THTR 192
THTR-123D	THTR 192
THTR-130	THTR 151
THTR-131	THTR 152
THTR-134A	THTR 174
THTR-155	THTR 171
THTR-156	THTR 172
THTR-157	THTR 173

## Plan B: Intersegmental General Education Transfer Curriculum (IGETC) 2024-2025

Official updates are available at <https://www.assist.org>.

The Intersegmental Committee of the Academic Senates approved the IGETC in Fall 1991. The IGETC is a series of courses that California Community College students can use to satisfy lower division general education requirements at any CSU or UC campus.

The IGETC will permit a student to transfer from a community college to a campus in either the California State University or the University of California system without the need, after transfer, to take additional lower-division, general education courses.

Completion of the IGETC is not a guarantee of admission or a requirement for transfer to a CSU or UC, nor is it the only way to fulfill the lower-division general education requirements of the CSU or UC prior to transfer. Students may find it advantageous to take courses fulfilling CSU's general education requirements or those of a particular UC campus.

Students completing the IGETC may be eligible for the University Studies Certificate of Achievement. Interested students should contact a counselor for further information.

**General Education course choices for transfer and the associate degree may differ between Cuyamaca and Grossmont College. Each college strongly recommends that students visit the Counseling Centers for specific information if they plan to attend both campuses.**

All courses in the IGETC must be completed with a "C" grade or higher or "Pass" (see four-year university limit on P/NP units) and all areas must be completed and certified by the last community college attended prior to transfer.

If a student is approaching readiness for transfer and is unable to complete one or two IGETC courses, the student may be eligible to complete IGETC after transferring. Meet with a counselor or contact the Evaluations Office for more detailed information.

The following is subject to change.

### Area 1 – English Communication

(CSU – 3 courses required, one each from Group A, B, and C.)

(UC – 2 courses required, one each from Group A and B.)

Code	Title	Units
<b>1A. English Composition</b>		
ENGL-120	College Composition and Reading	3
ESL-122	College Rhetoric	6
<b>1B. Critical Thinking and English Composition</b>		
ENGL-124	Advanced Composition: Critical Reasoning and Writing	3
PHIL-125	Critical Thinking and Philosophical Composition	3
<b>1C. Oral Communication<sup>1</sup></b>		
COMM-120	Interpersonal Communication	3
COMM-122	Public Speaking	3
COMM-130	Fundamentals of Human Communication	3

<sup>1</sup> CSU requirement only.

### Area 2 – Mathematical Concepts and Quantitative Reasoning

(1 course, 3 units)

Code	Title	Units
<b>2A. Math</b>		
ANTH-215	Statistics for the Behavioral Sciences	4
BIO-215	Statistics for Life Sciences	3
ECON-215	Statistics for Business and Economics	4
MATH-120	Quantitative Reasoning <sup>1</sup>	3
MATH-125	Structure and Concepts of Elementary Mathematics I <sup>1</sup>	3
MATH-126	Structure and Concepts of Elementary Mathematics II <sup>1</sup>	3
MATH-160	Elementary Statistics	4
MATH-175	College Algebra	4
MATH-176	Precalculus: Functions and Graphs	6
MATH-178	Calculus for Business, Social and Behavioral Sciences <sup>1</sup>	4
MATH-180	Analytic Geometry and Calculus I <sup>1</sup>	5
MATH-245	Discrete Mathematics	3
MATH-280	Analytic Geometry and Calculus II	4
MATH-281	Multivariable Calculus	4
MATH-284	Linear Algebra	3
MATH-285	Differential Equations	3
PSY-215	Statistics for the Behavioral Sciences	4
SOC-215	Statistics for the Behavioral Sciences	4

<sup>1</sup> Note: See page \_\_ for UC credit limitations.

### Area 3 – Arts and Humanities

(9 semester units)

Must include one course from Arts and one course from Humanities.

Code	Title	Units
<b>3A. Arts</b>		
ART-100	Art Appreciation	3
ART-120	Two-Dimensional Design	3

ART-130	Sculpture I	3	ENGL-232	American Literature II	3
ART-140	Survey of Western Art I: Prehistory Through Middle Ages	3	ENGL-236	Chicana/o Literature	3
ART-141	Survey of Western Art II: Renaissance Through Modern	3	ENGL-237	American Indian Literature	3
ART-142	Art of Africa, Oceania and the Americas	3	ENGL-238	Black Literature	3
ART-143	Modern Art	3	ENGL-239	Asian American Literature	3
ART-145	Contemporary Art	3	ENGL-271	World Literature II	3
ART-146	Asian Art	3	ESL-115	Exploring U.S. Cultures	6
ART-147	American Art	3	ETHN-135	San Diego County American Indian Tribes	3
DANC-110	Dance History	3	ETHN-143	Images of Black Women	3
DANC-120	Dance Appreciation	3	ETHN-144	Communication Studies: Race and Ethnicity	3
ETHN-126	Chicano/Chicana and Mexican Art	3	ETHN-236	Chicana/o Literature	3
ETHN-134	Introduction to American Indian Art	3	ETHN-237	American Indian Literature	3
MUS-110	Great Music Listening	3	ETHN-238	Black Literature	3
MUS-111	The History of Jazz	3	ETHN-239	Asian American Literature	3
MUS-115	The History of Rock Music	3	FREN-121	French II	5
MUS-116	Introduction to World Music	3	FREN-152	The French-Speaking World: A Cross- - Cultural Perspective	3
MUS-117	Introduction to Music History and Literature	3	FREN-220	French III	5
MUS-123	History of Hip Hop Culture	3	FREN-221	French IV	5
PHOT-154	History of Photography	3	GERM-121	German II	5
THTR-101	Introduction to Narrative Theory	3	GERM-220	German III	5
THTR-110	Introduction to the Theatre	3	GERM-221	German IV	5
THTR-144	20th Century Fashion and Costume	3	HIST-100	Early World History	3
THTR-205	The American Musical on Stage and Screen	3	HIST-101	Modern World History	3
<b>3B. Humanities</b>			HIST-103	Twentieth Century World History	3
ASL-121	American Sign Language II	4	HIST-105	Early Western Civilization	3
ASL-140	Inside Deaf Culture	3	HIST-106	Modern Western Civilization	3
ASL-220	American Sign Language III	4	HIST-126	History of Mexico	3
ASL-221	American Sign Language IV	4	HIST-135	Ancient History of Western Civilization	3
ARBC-121	Arabic II	5	HIST-136	Survey of Medieval History	3
ARBC-123	Arabic for the Arabic Speaker II	5	HIST-137	History of East Asia	3
ARBC-148	Language, Culture, and Literature of the Arab World	3	HIST-148	Modern Middle East History	3
ARBC-220	Arabic III	5	HUM-110	Principles of the Humanities	3
ARBC-221	Arabic IV	5	HUM-120	European Humanities	3
CHIN-121	Chinese II	5	HUM-125	Women and Western Culture	3
CHIN-220	Chinese III	5	HUM-130	East Asian Humanities	3
CHIN-221	Chinese IV	5	HUM-135	Blues as Literature, History, and Culture	3
COMM-144	Communication Studies: Race and Ethnicity	3	HUM-140	Humanities of the Americas	3
ENGL-122	Introduction to Literature	3	HUM-160	Humanities of the Future	3
ENGL-201	Women, Gender, and Sexuality in Literature	3	HUM-170	Modern World Humanities	3
ENGL-203	Children's Literature	3	ITAL-121	Italian II	5
ENGL-215	Mythology	3	ITAL-220	Italian III	5
ENGL-217	Fantasy and Science Fiction	3	ITAL-221	Italian IV	5
ENGL-218	Shakespeare - His Plays and the Theatre of His Time	3	JAPN-121	Japanese II	5
ENGL-219	Death and Dying in Literature	3	JAPN-149	Japanese Culture and Civilization	3
ENGL-221	British Literature I	3	JAPN-220	Japanese III	5
ENGL-222	British Literature II	3	JAPN-221	Japanese IV	5
ENGL-231	American Literature I	3	PHIL-110	A General Introduction to Philosophy	3
			PHIL-111	Philosophy and Popular Culture	3
			PHIL-119	United States' Philosophies	3
			PHIL-120	Asian and Pacific Philosophies	3



PHIL-140	Problems in Ethics	3
PHIL-141	Bioethics	3
PHIL-145	Social and Political Philosophy	3
PHIL-150	The Philosophy of Art	3
PHIL-155	The Philosophy of Science	3
PHIL-160	Latin American Philosophy	3
RELG-110	Introduction to the Study of Religion	3
RELG-120	World Religions	3
RELG-130	Scriptures of World Religions	3
RELG-140	Religion and Culture	3
RELG-150	Asian Religions	3
RELG-165	Religion in America	3
RELG-170	Introduction to Christianity	3
RUSS-121	Russian II	5
RUSS-220	Russian III	5
RUSS-221	Russian IV	5
SPAN-121	Spanish II	5
SPAN-123	Spanish for the Native Speaker II	5
SPAN-141	Spanish and Latin American Cultures	3
SPAN-220	Spanish III	5
SPAN-221	Spanish IV	5
THTR-143	Historic Costume for the Theatre	3
THTR-144	20th Century Fashion and Costume	3
ETHN-119	U.S. History: Chicano/Chicana Perspective II	3
ETHN-125	Cross-Cultural Psychology	3
ETHN-127	La Chicana	3
ETHN-128	Introduction to Chicana/o Studies	3
ETHN-130	U.S. History and Cultures: Native American Perspectives I	3
ETHN-131	U.S. History and Cultures: Native American Perspectives II	3
ETHN-135	San Diego County American Indian Tribes	3
ETHN-143	Images of Black Women	3
ETHN-144	Communication Studies: Race and Ethnicity	3
ETHN-145	Introduction to Black Studies	3
ETHN-160	U.S. History: Asian American and Pacific Island American Perspectives I	3
ETHN-161	U.S. History: Asian American and Pacific Island American Perspectives II	3
ETHN-180	U.S. History: Black Perspectives I	3
ETHN-181	U.S. History: Black Perspectives II	3
FS-115	Changing American Family	3
FS-120	Human Development	3
GEOG-100	Introduction to Global Studies	3
GEOG-101	Global Issues	3
GEOG-106	World Regional Geography	3
GEOG-130	Human Geography: The Cultural Landscape	3
GEOG-170	The Geography of California	3
GEND-116	Introduction to Women's Studies	3
GEND-117	Introduction to LGBTQ Studies	3
GEND-154	Early History of Women in World Civilization	3
GEND-155	Modern History of Women in World Civilization	3
HIST-100	Early World History	3
HIST-101	Modern World History	3
HIST-103	Twentieth Century World History	3
HIST-105	Early Western Civilization	3
HIST-106	Modern Western Civilization	3
HIST-107	History of Race & Ethnicity in the United States	3
HIST-108	Early American History	3
HIST-109	Modern American History	3
HIST-113	American Military History	3
HIST-114	Comparative History of the Early Americas	3
HIST-115	Comparative History of the Modern Americas	3
HIST-118	U.S. History: Chicano/Chicana Perspectives I	3
HIST-119	U.S. History: Chicano/Chicana Perspectives II	3
HIST-122	Women in Early American History	3
HIST-123	Women in Modern American History	3
HIST-124	History of California	3
HIST-126	History of Mexico	3

## Area 4 – Social and Behavioral Sciences

(6 semester units)

Two courses required from at least two disciplines.

Code	Title	Units
AOJ-110	Introduction to Administration of Justice	3
ANTH-120	Cultural Anthropology	3
ANTH-122	Anthropology of Magic, Witchcraft, and Religion	3
ANTH-127	Cultures of Latin America	3
ANTH-140	Introduction to Archaeology	3
CD-115	Changing American Family	3
CD-125	Child Growth and Development	3
COMM-124	Intercultural Communication	3
COMM-144	Communication Studies: Race and Ethnicity	3
ECON-110	Economic Issues and Policies	3
ECON-120	Principles of Macroeconomics	3
ECON-121	Principles of Microeconomics	3
ECON-125	Economic History of the United States	3
ECON-135	Environmental Economics	3
ECON-261	Economic Relations of the Asia Pacific	3
ETHN-107	History of Race & Ethnicity in the United States	3
ETHN-114	Introduction to Race & Ethnicity	3
ETHN-115	Introduction to Cultural Competence	3
ETHN-118	U.S. History: Chicano/Chicana Perspectives I	3

HIST-130	U.S. History and Cultures: Native American Perspectives I	3
HIST-131	U.S. History and Cultures: Native American Perspectives II	3
HIST-136	Survey of Medieval History	3
HIST-137	History of East Asia	3
HIST-148	Modern Middle East History	3
HIST-154	Early History of Women in World Civilization	3
HIST-155	Modern History of Women in World Civilization	3
HIST-160	U.S. History: Asian American and Pacific Island American Perspectives I	3
HIST-161	U.S. History: Asian American and Pacific Island American Perspectives II	3
HIST-180	U.S. History: Black Perspectives I	3
HIST-181	U.S. History: Black Perspectives II	3
MCOM-110	Mass Media and Society	3
POSC-120	Introduction to Politics and Political Analysis	3
POSC-121	Introduction to U.S. Government and Politics	3
POSC-124	Introduction to Comparative Government and Politics	3
POSC-130	Introduction to International Relations	3
POSC-140	Introduction to California Governments and Politics	3
POSC-145	Introduction to Latin American Government and Politics	3
POSC-147	Introduction to Middle East Government and Politics	3
POSC-148	American Foreign Policy	3
POSC-150	Introduction to Political Theory	3
POSC-155	State and Society in the Asia Pacific	3
POSC-160	Politics in Film	3
PSY-120	Introductory Psychology	3
PSY-125	Cross-Cultural Psychology	3
PSY-134	Human Sexuality	3
PSY-138	Social Psychology	3
PSY-140	Physiological Psychology	3
PSY-150	Developmental Psychology	3
PSY-170	Abnormal Psychology	3
PSY-211	Cognitive Psychology	3
PSY-220	Learning	3
RELG-175	Religion, Government and Politics in America	3
SOC-114	Introduction to Race & Ethnicity	3
SOC-120	Introductory Sociology	3
SOC-125	Marriage, Family, and Alternate Lifestyles	3
SOC-130	Contemporary Social Problems	3
SOC-138	Social Psychology	3
SOC-140	Sex and Gender Across Cultures	3
SOC-150	Latinx Communities in the United States	3

## Area 5 – Physical and Biological Sciences

(7-9 semester units)

Must include one course in Physical Science and one course in Biological Science. One of the courses must include a laboratory.

Code	Title	Units
<b>5A. Physical Science</b>		
ASTR-110	Descriptive Astronomy <sup>1</sup>	3
ASTR-120	Exploration of the Solar System <sup>1</sup>	3
CHEM-102	Introduction to General, Organic and Biological Chemistry	5
CHEM-110	Environmental Chemistry <sup>1</sup>	3
CHEM-113	Forensic Chemistry	4
CHEM-115	Fundamentals of Chemistry	4
CHEM-116	Introductory Organic and Biochemistry	4
CHEM-120	Preparation for General Chemistry	4
CHEM-141	General Chemistry I	5
CHEM-142	General Chemistry II	5
CHEM-231	Organic Chemistry I	5
CHEM-232	Organic Chemistry II	5
CHEM-241	Organic Chemistry I Lecture <sup>1</sup>	3
CHEM-242	Organic Chemistry II Lecture <sup>1</sup>	3
GEOG-120	Physical Geography: Earth Systems <sup>1</sup>	3
GEOG-140	Meteorology: Weather and Climate <sup>1</sup>	3
GEOL-104	Earth Science	3
GEOL-110	Planet Earth <sup>1</sup>	3
GEOL-121	Earth History	4
GEOL-210	Geology of California <sup>1</sup>	3
OCEA-112	Introduction to Oceanography <sup>1</sup>	3
PSC-100	Physical Science for Elementary Education <sup>1</sup>	3
PSC-110	Introduction to the Physical Sciences <sup>1</sup>	3
PHYC-110	Introductory Physics	4
PHYC-130	Fundamentals of Physics	4
PHYC-131	Fundamentals of Physics	4
PHYC-201	Mechanics and Waves	5
PHYC-202	Electricity, Magnetism, and Heat	5
PHYC-203	Light, Optics, and Modern Physics	5
SCI-110	Introduction to Scientific Thought <sup>1</sup>	3
<b>5B. Biological Science</b>		
ANTH-130	Introduction to Biological Anthropology <sup>1</sup>	3
BIO-105	Marine Biology	4
BIO-110	Environmental Biology	4
BIO-112	Contemporary Issues in Environmental Resources <sup>1</sup>	3
BIO-114	Heredity, Evolution and Society <sup>1</sup>	3
BIO-118	Introduction to Human Biology <sup>1</sup>	3
BIO-120	Principles of Biology	4
BIO-140	Human Anatomy	4
BIO-141	Human Physiology <sup>1</sup>	3
BIO-144	Anatomy and Physiology I	4
BIO-145	Anatomy and Physiology II	4
BIO-152	Paramedical Microbiology	5

BIO-230	Principles of Cellular, Molecular and Evolutionary Biology	4	FREN-220	French III	5
BIO-240	Principles of Ecology, Evolution and Organismal Biology	5	FREN-221	French IV	5
CHEM-117	Introductory Biochemistry	3	FREN-250	Conversational French I	3
<b>5C. Laboratory<sup>2</sup></b>			FREN-251	Conversational French II	3
ANTH-131	Biological Anthropology Laboratory	1	GERM-120	German I	5
ASTR-112	General Astronomy Laboratory	1	GERM-121	German II	5
BIO-141L	Laboratory in Human Physiology	1	GERM-220	German III	5
CHEM-241L	Organic Chemistry I Laboratory	2	GERM-221	German IV	5
CHEM-242L	Organic Chemistry II Laboratory	2	GERM-250	Conversational German I	3
GEOG-121	Physical Geography: Earth Systems Laboratory	1	GERM-251	Conversational German II	3
GEOL-111	Planet Earth Laboratory	1	ITAL-120	Italian I	5
OCEA-113	Oceanography Laboratory	1	ITAL-121	Italian II	5
PSC-111	Introduction to Physical Sciences Laboratory	1	ITAL-220	Italian III	5
			ITAL-221	Italian IV	5
			ITAL-250	Conversational Italian I	3
			ITAL-251	Conversational Italian II	3
			JAPN-120	Japanese I	5
			JAPN-121	Japanese II	5
			JAPN-220	Japanese III	5
			JAPN-221	Japanese IV	5
			JAPN-250	Conversational Japanese I	3
			JAPN-251	Conversational Japanese II	3
			RUSS-120	Russian I	5
			RUSS-121	Russian II	5
			RUSS-220	Russian III	5
			RUSS-221	Russian IV	5
			RUSS-250	Conversational Russian I	3
			RUSS-251	Conversational Russian II	3
			SPAN-120	Spanish I	5
			SPAN-121	Spanish II	5
			SPAN-122	Spanish for the Native Speaker I	5
			SPAN-123	Spanish for the Native Speaker II	5
			SPAN-220	Spanish III	5
			SPAN-221	Spanish IV	5
			SPAN-250	Conversational Spanish I	3
			SPAN-251	Conversational Spanish II	3

<sup>1</sup> Course does not contain a laboratory component.

<sup>2</sup> Take one course in this section if lab course not taken from a 5A or 5B. The lab must complement the science lecture course.

## Area 6 – Languages Other Than English

(UC requirement only)

Proficiency is demonstrated through one of the following:

1. completion of two years of high school study in the same language with a “C” grade or higher (verified by high school transcript);
2. complete one of the courses listed in IGETC, area 6A;
3. Students may also meet with a Counselor for other verification options.

### 6A. Languages Other Than English

Code	Title	Units
ASL-120	American Sign Language I	4
ASL-121	American Sign Language II	4
ASL-220	American Sign Language III	4
ASL-221	American Sign Language IV	4
ARBC-120	Arabic I	5
ARBC-121	Arabic II	5
ARBC-122	Arabic for the Arabic Speaker I	5
ARBC-123	Arabic for the Arabic Speaker II	5
ARBC-220	Arabic III	5
ARBC-221	Arabic IV	5
ARBC-250	Conversational Arabic I	3
ARBC-251	Conversational Arabic II	3
CHIN-120	Chinese I	5
CHIN-121	Chinese II	5
CHIN-220	Chinese III	5
CHIN-221	Chinese IV	5
CHIN-250	Conversational Chinese I	3
CHIN-251	Conversational Chinese II	3
FREN-120	French I	5
FREN-121	French II	5

## Area 7 - Ethnic Studies

(1 course, 3 units)

Code	Title	Units
ENGL-236	Chicana/o Literature	3
ETHN-107	History of Race & Ethnicity in the United States	3
ETHN-114	Introduction to Race & Ethnicity	3
ETHN-236	Chicana/o Literature	3
HIST-107	History of Race & Ethnicity in the United States	3
SOC-114	Introduction to Race & Ethnicity	3

## U.S. History, Constitution and American Ideals

CSU Graduation Requirement in U.S. History, Constitution, and American Ideals (American Institutions) is not part of IGETC but may be completed prior to transfer to CSU. Refer to Plan C in General Education & Transfer

information (<https://catalog.gcccd.edu/grossmont/admission-information/general-education-transfer/>) for a list of courses to satisfy this requirement.

## IGETC for STEM

Students pursuing an Associate Degree for Transfer in Biology and/or Chemistry are eligible to take IGETC for STEM deferring two lower-division GE courses until after transfer. IGETC for STEM is applicable only to Biology and Chemistry majors in which the Transfer Model Curriculum explicitly indicates the availability of the option. Students using IGETC for STEM may delay until after transfer:

1. One general education course in Area 3 (Arts and Humanities); and
2. One general education course in Area 4 (Social and Behavioral Sciences).

It is strongly recommended that students consult with a counselor to determine which general education pattern is most appropriate for their individual educational goals.

## Plan C: California State University General Education Breadth Requirements (CSU GE) 2024-2025

### California State University General Education Breadth Requirements (CSU GE)

There is no catalog year or rule of continuing attendance for general education breadth requirements certification. A course is certifiable if, and only if, it was on the approved general education breadth requirements list at the time the course was taken. Please check <https://www.assist.org> or with a counselor if you have any questions.

Students who plan to transfer to San Diego State University and other campuses of the California State University (CSU) system are reminded to request certification of their general education courses. Grossmont College will certify that the minimum general education requirements have been satisfied through completion of Grossmont College courses selected from the CSU General Education Breadth (CSU GE) or Intersegmental General Education Transfer Curriculum (IGETC). Certification should be requested at the Grossmont College Admissions and Records Office during the last semester or summer session of attendance at Grossmont College and after acceptance to a CSU campus. **Certification is not automatic and must be requested by the student if required by the CSU.**

Certification is a legal agreement between the CSU system and the California Community Colleges. It is authorized by state law to guarantee that lower division CSU GE requirements have been satisfied for the California State University campuses.

Grossmont College will certify each course in the CSU GE in Areas A through F, with a minimum of 39 units. Coursework from all other accredited colleges and universities, including private and out-of-state, will also be reviewed for certification. Failure to complete full certification will cause courses to be reviewed differently at each campus.

The CSU system requires 9 additional units of general education coursework at the upper division level.

Report any problems encountered with certification of CSU GE to a counselor or the Articulation Officer at Grossmont College. The counselor will assist you in trying to resolve any transfer or certification problem.

**General Education course choices for transfer and the associate degree may differ between Cuyamaca and Grossmont College. Each college strongly recommends that students visit the Counseling Centers for specific information if they plan to attend both campuses.**

The following is subject to change.

## Area A – English Language, Communication and Critical Thinking

Three courses (a minimum of nine units) are required in Communication, English, and Critical Thinking. At least **one** course must be taken from **each** of the following three sections:

Note: All three courses are required for admission to all CSU campuses, and must be completed with a “C” grade or higher or “Pass”.

Code	Title	Units
<b>1. Oral Communication</b>		
COMM-120	Interpersonal Communication	3
COMM-122	Public Speaking	3
COMM-130	Fundamentals of Human Communication	3
<b>2. Written Communication</b>		
ENGL-120	College Composition and Reading	3
ESL-122	College Rhetoric	6
<b>3. Critical Thinking</b>		
COMM-137	Critical Thinking in Group Communication	3
COMM-145	Argumentation	3
ENGL-124	Advanced Composition: Critical Reasoning and Writing	3
PHIL-125	Critical Thinking and Philosophical Composition	3
PHIL-130	Logic	3
SCI-110	Introduction to Scientific Thought	3

## Area B – Scientific Inquiry and Quantitative Reasoning

Three courses (a minimum of nine units) are required in Physical Sciences, Life Sciences and Mathematical Applications. One lab course must be included from the sciences. The lab must complement the science lecture course.

Code	Title	Units
<b>1. Physical Science</b>		
ASTR-110	Descriptive Astronomy <sup>1</sup>	3
ASTR-120	Exploration of the Solar System <sup>1</sup>	3
CHEM-102	Introduction to General, Organic and Biological Chemistry	5
CHEM-110	Environmental Chemistry <sup>1</sup>	3
CHEM-113	Forensic Chemistry	4
CHEM-115	Fundamentals of Chemistry	4
CHEM-116	Introductory Organic and Biochemistry	4
CHEM-120	Preparation for General Chemistry	4
CHEM-141	General Chemistry I	5
CHEM-142	General Chemistry II	5
CHEM-231	Organic Chemistry I	5

CHEM-232	Organic Chemistry II	5
CHEM-241	Organic Chemistry I Lecture <sup>1</sup>	3
CHEM-242	Organic Chemistry II Lecture <sup>1</sup>	3
GEOG-120	Physical Geography: Earth Systems <sup>1</sup>	3
GEOG-140	Meteorology: Weather and Climate <sup>1</sup>	3
GEOL-104	Earth Science <sup>1</sup>	3
GEOL-110	Planet Earth <sup>1</sup>	3
GEOL-121	Earth History	4
GEOL-210	Geology of California <sup>1</sup>	3
GEOL-220	Geology of the National Parks <sup>1</sup>	3
OCEA-112	Introduction to Oceanography <sup>1</sup>	3
PSC-100	Physical Science for Elementary Education <sup>1</sup>	3
PSC-110	Introduction to the Physical Sciences <sup>1</sup>	3
PHYC-110	Introductory Physics	4
PHYC-130	Fundamentals of Physics	4
PHYC-131	Fundamentals of Physics	4
PHYC-201	Mechanics and Waves	5
PHYC-202	Electricity, Magnetism, and Heat	5
PHYC-203	Light, Optics, and Modern Physics	5
SCI-110	Introduction to Scientific Thought <sup>1</sup>	3

## 2. Life Science

ANTH-130	Introduction to Biological Anthropology <sup>1</sup>	3
BIO-105	Marine Biology	4
BIO-110	Environmental Biology	4
BIO-112	Contemporary Issues in Environmental Resources <sup>1</sup>	3
BIO-114	Heredity, Evolution and Society <sup>1</sup>	3
BIO-118	Introduction to Human Biology <sup>1</sup>	3
BIO-120	Principles of Biology	4
BIO-140	Human Anatomy	4
BIO-141	Human Physiology <sup>1</sup>	3
BIO-144	Anatomy and Physiology I	4
BIO-145	Anatomy and Physiology II	4
BIO-152	Paramedical Microbiology	5
BIO-230	Principles of Cellular, Molecular and Evolutionary Biology	4
BIO-240	Principles of Ecology, Evolution and Organismal Biology	5
CHEM-117	Introductory Biochemistry	3

## 3. Laboratory

ANTH-131	Biological Anthropology Laboratory	1
ASTR-112	General Astronomy Laboratory	1
BIO-141L	Laboratory in Human Physiology	1
CHEM-241L	Organic Chemistry I Laboratory	2
CHEM-242L	Organic Chemistry II Laboratory	2
GEOG-121	Physical Geography: Earth Systems Laboratory	1
GEOL-111	Planet Earth Laboratory	1
OCEA-113	Oceanography Laboratory	1
PSC-111	Introduction to Physical Sciences Laboratory	1

## 4. Mathematical/Quantitative Reasoning <sup>2</sup>

ANTH-215	Statistics for the Behavioral Sciences	4
BIO-215	Statistics for Life Sciences	3
CSIS-240	Discrete Structures	3
ECON-215	Statistics for Business and Economics	4
MATH-120	Quantitative Reasoning	3
MATH-125	Structure and Concepts of Elementary Mathematics I	3
MATH-126	Structure and Concepts of Elementary Mathematics II	3
MATH-160	Elementary Statistics	4
MATH-170	Analytic Trigonometry	3
MATH-175	College Algebra	4
MATH-176	Precalculus: Functions and Graphs	6
MATH-178	Calculus for Business, Social and Behavioral Sciences	4
MATH-180	Analytic Geometry and Calculus I	5
MATH-245	Discrete Mathematics	3
MATH-280	Analytic Geometry and Calculus II	4
MATH-281	Multivariable Calculus	4
MATH-284	Linear Algebra	3
MATH-285	Differential Equations	3
PSC-120	Fundamentals of Scientific Computing (MATLAB)	4
PSY-215	Statistics for the Behavioral Sciences	4
SOC-215	Statistics for the Behavioral Sciences	4

<sup>1</sup> Course does not contain a laboratory component.

<sup>2</sup> One course is required for admission to all CSU campuses, and must be completed with a "C" grade or higher or "Pass".

## Area C – Arts and Humanities

Three courses (a minimum of nine units) are required, with at least **one** course in **each** section.

Code	Title	Units
<b>1. Arts</b>		
ART-100	Art Appreciation	3
ART-120	Two-Dimensional Design	3
ART-126	Ceramics I	3
ART-130	Sculpture I	3
ART-140	Survey of Western Art I: Prehistory Through Middle Ages	3
ART-141	Survey of Western Art II: Renaissance Through Modern	3
ART-142	Art of Africa, Oceania and the Americas	3
ART-143	Modern Art	3
ART-145	Contemporary Art	3
ART-146	Asian Art	3
ART-147	American Art	3
DANC-110	Dance History	3
DANC-120	Dance Appreciation	3
ETHN-126	Chicano/Chicana and Mexican Art	3
ETHN-134	Introduction to American Indian Art	3
HUM-110	Principles of the Humanities	3

HUM-120	European Humanities	3	ENGL-236	Chicana/o Literature	3
MCOM-111	Introduction to Film Analysis	3	ENGL-237	American Indian Literature	3
MUS-110	Great Music Listening	3	ENGL-238	Black Literature	3
MUS-111	The History of Jazz	3	ENGL-239	Asian American Literature	3
MUS-115	The History of Rock Music	3	ENGL-271	World Literature II	3
MUS-116	Introduction to World Music	3	ESL-115	Exploring U.S. Cultures	6
MUS-117	Introduction to Music History and Literature	3	ETHN-135	San Diego County American Indian Tribes	3
MUS-123	History of Hip Hop Culture	3	ETHN-143	Images of Black Women	3
PHOT-154	History of Photography	3	ETHN-144	Communication Studies: Race and Ethnicity	3
RELG-140	Religion and Culture	3	ETHN-236	Chicana/o Literature	3
THTR-101	Introduction to Narrative Theory	3	ETHN-237	American Indian Literature	3
THTR-110	Introduction to the Theatre	3	ETHN-238	Black Literature	3
THTR-143	Historic Costume for the Theatre	3	ETHN-239	Asian American Literature	3
THTR-144	20th Century Fashion and Costume	3	FREN-120	French I	5
THTR-205	The American Musical on Stage and Screen	3	FREN-121	French II	5
<b>2. Humanities</b>			FREN-152	The French-Speaking World: A Cross- - Cultural Perspective	3
ASL-120	American Sign Language I	4	FREN-220	French III	5
ASL-121	American Sign Language II	4	FREN-221	French IV	5
ASL-140	Inside Deaf Culture	3	FREN-250	Conversational French I	3
ASL-220	American Sign Language III	4	FREN-251	Conversational French II	3
ASL-221	American Sign Language IV	4	GERM-120	German I	5
ARBC-120	Arabic I	5	GERM-121	German II	5
ARBC-121	Arabic II	5	GERM-220	German III	5
ARBC-122	Arabic for the Arabic Speaker I	5	GERM-221	German IV	5
ARBC-123	Arabic for the Arabic Speaker II	5	GERM-250	Conversational German I	3
ARBC-148	Language, Culture, and Literature of the Arab World	3	GERM-251	Conversational German II	3
ARBC-220	Arabic III	5	HIST-100	Early World History	3
ARBC-221	Arabic IV	5	HIST-101	Modern World History	3
ARBC-250	Conversational Arabic I	3	HIST-103	Twentieth Century World History	3
ARBC-251	Conversational Arabic II	3	HIST-105	Early Western Civilization	3
CHIN-120	Chinese I	5	HIST-106	Modern Western Civilization	3
CHIN-121	Chinese II	5	HIST-126	History of Mexico	3
CHIN-220	Chinese III	5	HIST-135	Ancient History of Western Civilization	3
CHIN-221	Chinese IV	5	HIST-136	Survey of Medieval History	3
CHIN-250	Conversational Chinese I	3	HIST-137	History of East Asia	3
CHIN-251	Conversational Chinese II	3	HIST-148	Modern Middle East History	3
COMM-136	Readers Theatre	3	HUM-110	Principles of the Humanities	3
COMM-144	Communication Studies: Race and Ethnicity	3	HUM-120	European Humanities	3
ENGL-122	Introduction to Literature	3	HUM-125	Women and Western Culture	3
ENGL-201	Women, Gender, and Sexuality in Literature	3	HUM-130	East Asian Humanities	3
ENGL-203	Children's Literature	3	HUM-135	Blues as Literature, History, and Culture	3
ENGL-215	Mythology	3	HUM-140	Humanities of the Americas	3
ENGL-217	Fantasy and Science Fiction	3	HUM-160	Humanities of the Future	3
ENGL-218	Shakespeare - His Plays and the Theatre of His Time	3	HUM-170	Modern World Humanities	3
ENGL-219	Death and Dying in Literature	3	ITAL-120	Italian I	5
ENGL-221	British Literature I	3	ITAL-121	Italian II	5
ENGL-222	British Literature II	3	ITAL-220	Italian III	5
ENGL-231	American Literature I	3	ITAL-221	Italian IV	5
ENGL-232	American Literature II	3	ITAL-250	Conversational Italian I	3
			ITAL-251	Conversational Italian II	3

JAPN-120	Japanese I	5	CD-125	Child Growth and Development	3
JAPN-121	Japanese II	5	CD-131	Child, Family and Community	3
JAPN-149	Japanese Culture and Civilization	3	CD-145	Child Abuse and Family Violence in Our Society	3
JAPN-220	Japanese III	5	COMM-124	Intercultural Communication	3
JAPN-221	Japanese IV	5	COMM-128	Global Communication	3
JAPN-250	Conversational Japanese I	3	COMM-144	Communication Studies: Race and Ethnicity	3
JAPN-251	Conversational Japanese II	3	ECON-110	Economic Issues and Policies	3
PHIL-110	A General Introduction to Philosophy	3	ECON-120	Principles of Macroeconomics	3
PHIL-111	Philosophy and Popular Culture	3	ECON-121	Principles of Microeconomics	3
PHIL-120	Asian and Pacific Philosophies	3	ECON-125	Economic History of the United States	3
PHIL-140	Problems in Ethics	3	ECON-130	Comparative Economic Systems	3
PHIL-141	Bioethics	3	ECON-135	Environmental Economics	3
PHIL-145	Social and Political Philosophy	3	ECON-261	Economic Relations of the Asia Pacific	3
PHIL-150	The Philosophy of Art	3	ETHN-114	Introduction to Race & Ethnicity	3
PHIL-155	The Philosophy of Science	3	ETHN-115	Introduction to Cultural Competence	3
PHIL-160	Latin American Philosophy	3	ETHN-118	U.S. History: Chicano/Chicana Perspectives I	3
RELG-110	Introduction to the Study of Religion	3	ETHN-119	U.S. History: Chicano/Chicana Perspective II	3
RELG-120	World Religions	3	ETHN-125	Cross-Cultural Psychology	3
RELG-130	Scriptures of World Religions	3	ETHN-127	La Chicana	3
RELG-140	Religion and Culture	3	ETHN-128	Introduction to Chicana/o Studies	3
RELG-150	Asian Religions	3	ETHN-130	U.S. History and Cultures: Native American Perspectives I	3
RELG-165	Religion in America	3	ETHN-131	U.S. History and Cultures: Native American Perspectives II	3
RELG-170	Introduction to Christianity	3	ETHN-135	San Diego County American Indian Tribes	3
RUSS-120	Russian I	5	ETHN-137	American Indian Culture and Heritage	3
RUSS-121	Russian II	5	ETHN-138	The History and Cultures of California Indians	3
RUSS-220	Russian III	5	ETHN-143	Images of Black Women	3
RUSS-221	Russian IV	5	ETHN-144	Communication Studies: Race and Ethnicity	3
RUSS-250	Conversational Russian I	3	ETHN-145	Introduction to Black Studies	3
RUSS-251	Conversational Russian II	3	ETHN-160	U.S. History: Asian American and Pacific Island American Perspectives I	3
SPAN-120	Spanish I	5	ETHN-161	U.S. History: Asian American and Pacific Island American Perspectives II	3
SPAN-121	Spanish II	5	ETHN-180	U.S. History: Black Perspectives I	3
SPAN-122	Spanish for the Native Speaker I	5	ETHN-181	U.S. History: Black Perspectives II	3
SPAN-123	Spanish for the Native Speaker II	5	FS-115	Changing American Family	3
SPAN-141	Spanish and Latin American Cultures	3	FS-120	Human Development	3
SPAN-145	Hispanic Civilizations <sup>1</sup>	3	GEND-116	Introduction to Women's Studies	3
SPAN-220	Spanish III	5	GEND-154	Early History of Women in World Civilization	3
SPAN-221	Spanish IV	5	GEND-155	Modern History of Women in World Civilization	3
SPAN-250	Conversational Spanish I	3	GEOG-100	Introduction to Global Studies	3
SPAN-251	Conversational Spanish II	3	GEOG-101	Global Issues	3
THTR-143	Historic Costume for the Theatre	3	GEOG-106	World Regional Geography	3
THTR-144	20th Century Fashion and Costume	3	GEOG-130	Human Geography: The Cultural Landscape	3
			GEOG-170	The Geography of California	3

## Area D – Social Sciences

Two courses (a minimum of six semester units) are required.

Code	Title	Units
AOJ-110	Introduction to Administration of Justice	3
ANTH-120	Cultural Anthropology	3
ANTH-122	Anthropology of Magic, Witchcraft, and Religion	3
ANTH-127	Cultures of Latin America	3
ANTH-140	Introduction to Archaeology	3
CD-115	Changing American Family	3

HIST-100	Early World History	3
HIST-101	Modern World History	3
HIST-103	Twentieth Century World History	3
HIST-105	Early Western Civilization	3
HIST-106	Modern Western Civilization	3
HIST-107	History of Race & Ethnicity in the United States	3
HIST-108	Early American History	3
HIST-109	Modern American History	3
HIST-113	American Military History	3
HIST-114	Comparative History of the Early Americas	3
HIST-115	Comparative History of the Modern Americas	3
HIST-118	U.S. History: Chicano/Chicana Perspectives I	3
HIST-119	U.S. History: Chicano/Chicana Perspectives II	3
HIST-122	Women in Early American History	3
HIST-123	Women in Modern American History	3
HIST-124	History of California	3
HIST-126	History of Mexico	3
HIST-130	U.S. History and Cultures: Native American Perspectives I	3
HIST-131	U.S. History and Cultures: Native American Perspectives II	3
HIST-136	Survey of Medieval History	3
HIST-137	History of East Asia	3
HIST-148	Modern Middle East History	3
HIST-154	Early History of Women in World Civilization	3
HIST-155	Modern History of Women in World Civilization	3
HIST-160	U.S. History: Asian American and Pacific Island American Perspectives I	3
HIST-161	U.S. History: Asian American and Pacific Island American Perspectives II	3
HIST-180	U.S. History: Black Perspectives I	3
HIST-181	U.S. History: Black Perspectives II	3
MCOM-110	Mass Media and Society	3
POSC-120	Introduction to Politics and Political Analysis	3
POSC-121	Introduction to U.S. Government and Politics	3
POSC-124	Introduction to Comparative Government and Politics	3
POSC-130	Introduction to International Relations	3
POSC-140	Introduction to California Governments and Politics	3
POSC-145	Introduction to Latin American Government and Politics	3
POSC-147	Introduction to Middle East Government and Politics	3
POSC-148	American Foreign Policy	3
POSC-150	Introduction to Political Theory	3
POSC-155	State and Society in the Asia Pacific	3

POSC-160	Politics in Film	3
PSY-120	Introductory Psychology	3
PSY-125	Cross-Cultural Psychology	3
PSY-134	Human Sexuality	3
PSY-138	Social Psychology	3
PSY-140	Physiological Psychology	3
PSY-150	Developmental Psychology	3
PSY-170	Abnormal Psychology	3
PSY-211	Cognitive Psychology	3
PSY-220	Learning	3
RELG-175	Religion, Government and Politics in America	3
SOC-114	Introduction to Race & Ethnicity	3
SOC-120	Introductory Sociology	3
SOC-125	Marriage, Family, and Alternate Lifestyles	3
SOC-130	Contemporary Social Problems	3
SOC-138	Social Psychology	3
SOC-140	Sex and Gender Across Cultures	3
SOC-150	Latinx Communities in the United States	3
SPAN-145	Hispanic Civilizations	3

## Area E – Lifelong Understanding and Self-Development

One course (a minimum of three units) is required.<sup>1</sup>

Code	Title	Units
BUS-195	Principles of Money Management for Success	3
CD-125	Child Growth and Development	3
CD-145	Child Abuse and Family Violence in Our Society	3
COUN-120	College and Career Success	3
ENGL-219	Death and Dying in Literature	3
ETHN-127	La Chicana	3
FS-110	Life Management	3
FS-120	Human Development	3
FS-129	Introduction to Human Aging	3
HED-120	Personal Health and Lifestyles	3
HED-201	Introduction to Public Health	3
NUTR-155	Introduction to Nutrition	3
NUTR-158	Nutrition for Fitness and Sports	3
NUTR-159	Cultural Aspects of Food and Nutrition	3
NUTR-255	Science of Nutrition	3
PSY-132	Psychology of Health	3
PSY-134	Human Sexuality	3
PSY-140	Physiological Psychology	3
PSY-150	Developmental Psychology	3
PSY-180	Psychology of Interpersonal Skills	3
PSY-220	Learning	3
SOC-125	Marriage, Family, and Alternate Lifestyles	3

<sup>1</sup> Or DD214 or military transcript.



## Area F – Ethnic Studies

One course (a minimum of three units) is required.

Code	Title	Units
ENGL-236	Chicana/o Literature	3
ETHN-107	History of Race & Ethnicity in the United States	3
ETHN-114	Introduction to Race & Ethnicity	3
ETHN-236	Chicana/o Literature	3
HIST-107	History of Race & Ethnicity in the United States	3
SOC-114	Introduction to Race & Ethnicity	3

Due to the limited number of approved courses at Grossmont, students can take Area F approved courses at Cuyamaca College or other **local** CCCs. See a counselor for more information.

## U.S. History, Constitution and American Ideals

Although this requirement is not part of the General Education requirements for CSU, all students must complete coursework in American Ideals. The courses may also be used to partially fulfill Area D of the CSU General Education Breadth requirements. Students are required to complete a course, courses or examinations that address:

**US-1:** The historical development of American institutions and ideals; *and*

**US-2:** The Constitution of the United States and the operation of representative democratic government under that Constitution; *and*

**US-3:** The process of California state and local government.

This requirement may be fulfilled prior to transfer by completion of a course or courses that satisfy all three areas (US-1, US-2, and US-3). Please note that the course designations below are unique to Grossmont College.

### Designations for 2024-2025

Code	Title	Units
ETHN-107	History of Race & Ethnicity in the United States (US-1, US-2)	3
ETHN-118	U.S. History: Chicano/Chicana Perspectives I (US-1)	3
ETHN-119	U.S. History: Chicano/Chicana Perspective II (US-1, US-3)	3
ETHN-130	U.S. History and Cultures: Native American Perspectives I (US-1)	3
ETHN-131	U.S. History and Cultures: Native American Perspectives II (US-1, US-3)	3
ETHN-180	U.S. History: Black Perspectives I (US-1, US-2)	3
ETHN-181	U.S. History: Black Perspectives II (US-1)	3
HIST-107	History of Race & Ethnicity in the United States (US-1, US-2)	3
HIST-108	Early American History (US-1, US-2)	3
HIST-109	Modern American History (US-1, US-3)	3
HIST-114	Comparative History of the Early Americas (US-1, US-2)	3
HIST-115	Comparative History of the Modern Americas (US-1, US-2, US-3)	3

HIST-118	U.S. History: Chicano/Chicana Perspectives I (US-1, US-2)	3
HIST-119	U.S. History: Chicano/Chicana Perspectives II (US-1, US-3)	3
HIST-122	Women in Early American History (US-1, US-2)	3
HIST-123	Women in Modern American History (US-1, US-3)	3
HIST-124	History of California (US-3)	3
HIST-130	U.S. History and Cultures: Native American Perspectives I (US-1, US-2)	3
HIST-131	U.S. History and Cultures: Native American Perspectives II (US-1, US-3)	3
HIST-180	U.S. History: Black Perspectives I (US-1, US-2)	3
HIST-181	U.S. History: Black Perspectives II (US-1)	3
POSC-121	Introduction to U.S. Government and Politics (US-2, US-3)	3
POSC-140	Introduction to California Governments and Politics (US-3)	3
RELG-175	Religion, Government and Politics in America (US-2, US-3)	3

Students are required to select either Option I, Option II, or Option III and then complete 1 or 2 courses. In Option I and Option II, one course must be from List A and one course from List B. In Option III, the List A course fulfills all three designations. This information is current at the time of catalog production.

### Option I

Select one course from List A and one course from List B.

Code	Title	Units
<b>List A</b>		
ETHN-118	U.S. History: Chicano/Chicana Perspectives I	3
ETHN-130	U.S. History and Cultures: Native American Perspectives I	3
ETHN-180	U.S. History: Black Perspectives I	3
HIST-107	History of Race & Ethnicity in the United States	3
HIST-108	Early American History	3
HIST-114	Comparative History of the Early Americas	3
HIST-115	Comparative History of the Modern Americas	3
HIST-122	Women in Early American History	3
HIST-130	U.S. History and Cultures: Native American Perspectives I	3
HIST-180	U.S. History: Black Perspectives I	3
<b>List B</b>		
ETHN-119	U.S. History: Chicano/Chicana Perspective II	3
ETHN-131	U.S. History and Cultures: Native American Perspectives II	3
HIST-109	Modern American History	3
HIST-115	Comparative History of the Modern Americas	3

HIST-119	U.S. History: Chicano/Chicana Perspectives II	3
HIST-123	Women in Modern American History	3
HIST-124	History of California	3
HIST-131	U.S. History and Cultures: Native American Perspectives II	3
POSC-121	Introduction to U.S. Government and Politics	3
POSC-140	Introduction to California Governments and Politics	3

1. One general education course in Area 3 (Arts and Humanities); and
2. One general education course in Area 4 (Social and Behavioral Sciences).

It is strongly recommended that students consult with a counselor to determine which general education pattern is most appropriate for their individual educational goals.

**Completion of the above pattern will total 39 semester units. Additional upper division general education courses may be required at four-year institutions. Consult the transfer institution and/or <https://www.assist.org>. Counselors are available for assistance.**

or

### Option II

Select one course from List A and one course from List B.

Code	Title	Units
<b>List A</b>		
POSC-121	Introduction to U.S. Government and Politics	3
RELG-175	Religion, Government and Politics in America	3
<b>List B</b>		
ETHN-118	U.S. History: Chicano/Chicana Perspectives I	3
ETHN-119	U.S. History: Chicano/Chicana Perspective II	3
ETHN-130	U.S. History and Cultures: Native American Perspectives I	3
ETHN-181	U.S. History: Black Perspectives II	3
HIST-109	Modern American History	3
HIST-118	U.S. History: Chicano/Chicana Perspectives I	3
HIST-119	U.S. History: Chicano/Chicana Perspectives II	3
HIST-130	U.S. History and Cultures: Native American Perspectives I	3
HIST-181	U.S. History: Black Perspectives II	3

or

### Option III

Choose a course from List A.

Code	Title	Units
<b>List A</b>		
HIST-115	Comparative History of the Modern Americas	3

## CSU for STEM

Students pursuing an Associate Degree for Transfer in Biology and/or Chemistry are eligible to take CSU for STEM deferring two lower-division GE courses until after transfer. CSU for STEM is applicable only to Biology and Chemistry majors in which the Transfer Model Curriculum explicitly indicates the availability of the option. Students using CSU for STEM may delay until after transfer.