

# NURSING (NURS)

## NURS-099

### Nursing Skills Lab

0 UNITS

Prerequisite: Admission to the Nursing Program.

10.0 hours laboratory

This course is designed to provide nursing students with individual and small-group redemonstration of basic and advanced bedside nursing skills. Supervised practice is available on a recurring, as-needed, and/or drop-in basis to improve student's performance levels. This course is offered on a pass/no pass basis only. This is a no fee/no credit course.

## NURS-101

### Clinical Reasoning Skills for First Semester Nursing Students

2 UNITS

Corequisite: NURS 120

2.0 hours lecture

This course is designed to help first-semester nursing students develop clinical reasoning skills to provide care for patients with basic medical-surgical problems. A variety of experiences are used to enhance clinical reasoning skills such as verbal discussion of various patient care scenarios, evolving patient case studies, simulations, and National Council Licensure Examination (NCLEX) practice questions. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

## NURS-102

### Clinical Reasoning Skills for Second Semester Nursing Students

2 UNITS

Corequisite: NURS 130 or NURS 132.

2.0 hours lecture

This course is designed to help second semester nursing students develop clinical reasoning skills to provide care for medical-surgical, pediatric, and obstetric patients. A variety of experiences are used to enhance clinical reasoning skills such as verbal discussion of various patient care scenarios, evolving patient case studies, simulations, and National Council Licensure Examination (NCLEX) practice questions. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

## NURS-103

### Clinical Reasoning Skills for Third Semester Nursing Students

2 UNITS

Corequisite: NURS 220 or NURS 222.

2.0 hours lecture

This course is designed to help third semester nursing students develop clinical reasoning skills to provide care for patients with advanced medical-surgical and mental health problems. A variety of experiences are used to enhance clinical reasoning skills such as verbal discussion of various patient care scenarios, evolving patient case studies, simulations, and National Council Licensure Examination (NCLEX) practice questions. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

## NURS-104

### Clinical Reasoning Skills for Fourth Semester Nursing Students

2 UNITS

Corequisite: NURS 230.

2.0 hours lecture

This course is designed to help fourth-semester nursing students develop clinical reasoning skills to provide care for patients with advanced medical-surgical problems including critical, life-threatening events that the students might not ordinarily encounter in the clinical setting. A variety of experiences are used to enhance clinical reasoning skills such as verbal discussion of various patient care scenarios, evolving patient case studies, simulations, and National Council Licensure Examination (NCLEX) practice questions. This course is offered on a Pass/No Pass basis only. This is an elective course in the Nursing Program.

## NURS-118

### Nursing Pharmacology

2 UNITS

Prerequisite: Admission to the Registered Nursing Program.

Corequisite: NURS 120 or equivalent.

2.0 hours lecture

This course is designed to familiarize nursing students with the knowledge needed for safe administration of medications in the clinical setting. Students will be introduced to basic pharmacological concepts, including pharmacotherapeutics, pharmacodynamics, and pharmacokinetics. Special consideration for the nursing role in administering drugs from a variety of major drug classifications will be presented. As the students utilize the nursing process, emphasis will be placed on safety, critical thinking, pharmacologic principles related to aging, patient education and effective communication across the healthcare continuum. This is a required course for the Nursing Program. (CSU)

## NURS-120

### Fundamentals of Nursing

8 UNITS

Prerequisite: Admission to the Registered Nursing Program.

Corequisite: NURS 118 or equivalent.

3.5 hours lecture, 13.5 hours laboratory

Nursing 120 is the introductory nursing course. The focus is on the development of technical nursing skills and related theory as a basis for further nursing coursework. Nursing theory addresses assessment of persons and their environment in determining their state of health. The focus is on adult patients throughout the lifespan. Nursing care planning is introduced. Course content includes: the normal aging process, communication skills, physical assessment, and the nursing process. Scientific principles are used to support the nursing diagnosis. The nursing care of patients with disorders such as stroke, hypertension, heart failure, and COPD will be introduced. Concurrent clinical experience is in acute settings. This is a required course for the Nursing Program. (CSU)

**NURS-130****Medical-Surgical Nursing I****5 UNITS**

Prerequisite: Admission to the Registered Nursing Program.

3.0 hours lecture, 6.0 hours laboratory

This course focuses on the biological, psychological, social, cultural and spiritual changes patients and their families experience from diagnosis through treatment of acute and chronic medical conditions. This course builds on previous coursework, utilizing the nursing process, therapeutic communication and critical thinking in meeting the health care needs of adult individuals and families across the healthcare continuum. The focus is on adult patients throughout the lifespan. Emphasis is placed on genitourinary, orthopedic, neurologic, and gastrointestinal disorders requiring surgery. Concepts of evidence-based practice will be integrated throughout the course. Concurrent clinical experiences in acute care settings, the operating room and post-anesthesia care units are designed to reinforce concepts learned and practiced during the course. This is a required course for the Nursing Program. (CSU)

**NURS-132****Obstetric and Pediatric Nursing****5 UNITS**

Prerequisite: "C" grade or higher in NURS 120 or equivalent.

3.0 hours lecture, 6.0 hours laboratory

Building on the knowledge and skills of Nursing 120, the student learns about nursing care of the obstetric and pediatric patient populations. Obstetric nursing addresses the physiologic and psychosocial changes women and their families experience during pre-conception, pregnancy, birth, and postpartum, as well as the impact of the childbearing cycle on the family, population health, and outcomes. Pediatric nursing addresses the nursing management of children with alternations in health, many of which result in chronic illnesses. Environmental factors such as physical, psychological, social, spiritual and cultural elements are discussed in the way they impact the pediatric and obstetric patients and their families. Refinement of critical thinking skills, clinical decision-making, and a focus on growth and development are emphasized. Concurrent clinical experience is in acute and ambulatory care settings. This is a required course for the Nursing Program. (CSU)

**NURS-210****LVN-RN Bridge Course****2 UNITS**

Prerequisite: A current, active California LVN license in good standing. Admission to the Nursing Program.

1.5 hours lecture, 1.5 hours laboratory

This course is designed to prepare the licensed vocational nurse for entry into an associate degree nursing program. This course focuses on the theory and application of concepts of critical thinking, physical assessment, nursing process, disease process, and nursing skills for the care of medical-surgical, pediatric, and obstetric patients. A variety of experiences are used to broaden nursing knowledge and skills to encompass the scope of practice of the Registered Nurse. These experiences may include verbal discussion of various patient care scenarios, evolving patient case studies, simulations, and National Council Licensure Examination (NCLEX) practice questions.

**NURS-220****Medical-Surgical Nursing II****5.5 UNITS**

Prerequisite: "C" grade or higher in NURS 130 and 132 or equivalent.

3.0 hours lecture, 7.5 hours laboratory

This course addresses patient focused nursing care of individuals with alterations in body organ systems to include endocrine, neurologic, renal, hepatobiliary, and immune diseases or disorders. The care of patients with cancer will also be addressed. The focus is on adult patients throughout the lifespan. The nurse considers the unique characteristics and abilities of the person, including the impact of the environment on the state of health and illness in the context of acute and chronic disorders, with a focus on the effects of aging on organ function. Concurrent clinical experience is in acute settings. This is a required course for the Nursing Program. (CSU)

**NURS-222****Psychiatric and Community Health Nursing****5.5 UNITS**

Prerequisite: "C" grade or higher in NURS 130 and 132 or equivalent.

3.0 hours lecture, 7.5 hours laboratory

This course focuses on the nursing management of patients who have psychosocial and behavioral disorders. This course will also explore the role of the nurse caring for individuals, families, communities, and populations, with an emphasis on designing, implementing, and evaluating population-based interventions to promote health. Emphasis is placed on health promotion and prevention of population-based health problems. Consideration is given to populations experiencing chronic health problems being cared for in the home and community. The focus is on nursing considerations regarding environmental factors such as physical, psychological, social, spiritual, and cultural elements and the way they impact hospitalized patients as well as those in outpatient and community settings throughout the lifespan. Concurrent clinical experiences are in acute, outpatient, and community settings, including day treatment centers. This is a required course for the Nursing Program. (CSU)

**NURS-230****Medical-Surgical Nursing III****8 UNITS**

Prerequisite: "C" grade or higher in NURS 220 and 222 or equivalent.

3.5 hours lecture, 14.0 hours laboratory

This course focuses on the nursing theory and nursing management of adult patients across the lifespan with multi system alterations in health which are more complex than those studied previously. There is an emphasis on diseases and disorders in the cardiac, pulmonary, vascular, and neurologic systems. There is a strong emphasis on the application of critical thinking and clinical decision-making in high acuity settings. The course also offers a campus laboratory designed to teach the students technical skills necessary to manage high acuity patients. Advanced airway management, ventilator management, hemodynamic monitoring, ECG interpretation, advanced neuro assessment, and other complex skills are presented. Concurrent clinical experience is in acute care and critical care settings. Concepts related to current issues in nursing as well as those related to the role transition from student to new graduate will also be integrated throughout the course. This is a required course for the Nursing Program. (CSU)

**NURS-251A****Work-Study Externship****1 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the Nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be repeated three times. This is an elective course in the Nursing Program. Off Campus: Hospital (See instructor for hospital location). 5 hours work experience per week, 60 volunteer hours or 75 paid hours.

**NURS-251B****Work-Study Externship****1 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the Nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be repeated three times. This is an elective course in the Nursing Program. Off Campus: Hospital (See instructor for hospital location). 5 hours work experience per week, 60 volunteer hours or 75 paid hours.

**NURS-251C****Work-Study Externship****1 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be repeated three times. This is an elective course in the Nursing Program. Off Campus: Hospital (See instructor for hospital location). 5 hours work experience per week, 60 volunteer hours or 75 paid hours.

**NURS-252A****Work-Study Externship****2 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. (CSU) 10 hours work experience per week, 120 volunteer hours or 150 paid hours. Nursing students may not enroll in this class without a faculty sponsor. Contact the instructor listed for an add code, or for more information contact the Nursing Department Office at (619)644-7300. Off Campus: Hospital (See instructor for hospital location).

**NURS-252B****Work-Study Externship****2 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. (CSU) 10 hours work experience per week, 120 volunteer hours or 150 paid hours. Nursing students may not enroll in this class without a faculty sponsor. Contact the instructor listed for an add code, or for more information contact the Nursing Department Office at (619)644-7300. Off Campus: Hospital (See instructor for hospital location).

**NURS-252C****Work-Study Externship****2 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. (CSU) 10 hours work experience per week, 120 volunteer hours or 150 paid hours. Nursing students may not enroll in this class without a faculty sponsor. Contact the instructor listed for an add code, or for more information contact the Nursing Department Office at (619)644-7300. Off Campus: Hospital (See instructor for hospital location).

**NURS-253A**

**Work-Study Externship 3 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. (CSU) 15 hours work experience per week, 180 volunteer hours or 225 paid hours. Nursing students may not enroll in this class without a faculty sponsor. Contact the instructor listed for an add code, or for more information contact the Nursing Department Office at (619)644-7300. Off Campus: Hospital (See instructor for hospital location).

**NURS-253B**

**Work-Study Externship 3 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. (CSU) 15 hours work experience per week, 180 volunteer hours or 225 paid hours. Nursing students may not enroll in this class without a faculty sponsor. Contact the instructor listed for an add code, or for more information contact the Nursing Department Office at (619)644-7300. Off Campus: Hospital (See instructor for hospital location).

**NURS-253C**

**Work-Study Externship 3 UNITS**

Prerequisite: "C" grade or higher in NURS 130 or equivalent and approval by the nursing faculty.

A work-study course authorized by the California Board of Registered Nursing in which a Grossmont College nursing student is employed by or volunteers at a clinical site with clinical facilities that have an established affiliation agreement with the Nursing Program. The clinical site supports the objectives of the course and provides supervision through RN mentors and preceptors. The student applies previously acquired nursing theory and clinical skills in the management of patient care. The college instructor and practice site mentors meet periodically to evaluate progress towards meeting objectives. This course is offered on a Pass/No Pass basis only and may be taken three times. This is an elective course in the Nursing Program. (CSU) 15 hours work experience per week, 180 volunteer hours or 225 paid hours. Nursing students may not enroll in this class without a faculty sponsor. Contact the instructor listed for an add code, or for more information contact the Nursing Department Office at (619)644-7300. Off Campus: Hospital (See instructor for hospital location).