

NUTRITION ASSOCIATE IN SCIENCE AND CERTIFICATE OF ACHIEVEMENT



The goal of the Associate of Science in Nutrition is to prepare students to successfully enter the academic pathway for becoming a Registered Dietitian Nutritionist. This degree is specifically designed to meet the requirements for transfer to local colleges with four-year didactic programs in dietetics (DPD) that prepare students to become Registered Dietitian Nutritionists. *

* Note that beginning in 2024, a minimum of a graduate degree will be required to sit for the registration exam to become a Registered Dietitian Nutritionist.

The Program-level Student Learning Outcomes (PSLOs) below are outcomes that students will achieve after completing specific degree/certificate requirements in this program. Students will:

1. Analyze dietary patterns for nutritional adequacy, including nutrient deficits, excesses, and risk factors for the development of chronic disease
2. Explore the academic and career pathways within the nutrition and dietetics profession
3. Demonstrate understanding of culturally inclusive care in the nutrition and dietetics profession

Associate Degree Major Requirements

Note: All courses must be completed with a letter grade of "C" or higher or "Pass."

| Code | Title | Units |
|---|---|-------|
| BIO-152 | Paramedical Microbiology | 5 |
| BIO-140 | Human Anatomy | 4 |
| CHEM-115 | Fundamentals of Chemistry | 4 |
| CHEM-116 | Introductory Organic and Biochemistry | 4 |
| CHEM-117 | Introductory Biochemistry | 3 |
| NUTR-200 | Foods and Nutrition: Overview and Opportunities | 1 |
| NUTR-255 | Science of Nutrition | 3 |
| NUTR-159 | Cultural Aspects of Food and Nutrition | 3 |
| NUTR-205 | The Scientific Principles of Food Preparation | 4 |
| MATH-160 or ANTH-215 or PSY-215 or SOC-215 or BIO-215 | Elementary Statistics Statistics for the Behavioral Sciences Statistics for the Behavioral Sciences Statistics for the Behavioral Sciences Statistics for Life Sciences | 3-4 |
| PSY-120 | Introductory Psychology | 3 |

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| SOC-120 | Introductory Sociology | 3 |
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Total Units **40-41**

Plus General Education (<https://catalog.gcccd.edu/grossmont/admission-information/general-education-transfer/>) and Elective Requirements

Certificate of Achievement

Any student who chooses to complete only the requirements listed above for the major qualifies for a Certificate of Achievement in Nutrition. An official request must be filed with the Admissions and Records Office prior to the deadline as stated in the Academic Calendar.